

# **2001 Directory of Human Services**

## **Catawba County North Carolina**

**Distributed by the Catawba County Interagency Council**

This directory is a guide to human service agencies and organizations available to Catawba County residents.

A conscientious effort was made to contact all appropriate agencies to obtain up to date information. Inclusion does not imply endorsement, nor does exclusion indicate lack of endorsement.

If you would like information about the Catawba County Interagency Council, or if you have updates and/or corrections to the information presented in this publication, please call the Volunteer Center at 324-4357.

The Catawba County Interagency Council charges a fee of **\$5** per Resource Directory, to cover our costs of printing and postage.

**ADA GEITNER HOME FOR WOMEN**

210 2nd Avenue, SE  
Hickory, NC 28602

Telephone: (828) 328-6250

Services: Provides a halfway house for recovering women substance abusers.

Hours: 8-5 M-F

Fees: Weekly guest fee

Eligibility: 18 or over; completion of 28 day treatment program and ability to work required for acceptance

Service Area: Catawba County & surrounding areas

**ADULT LIFE PROGRAMS, INC.****Administrative Office**

260 1st Avenue NW #216  
Hickory, NC 28601

**Hickory Center**

150 16<sup>th</sup> Avenue NW  
PO Box 5167  
Hickory, NC 28603

**Conover Center**

2<sup>nd</sup> Avenue Drive NE  
PO Box 275  
Conover, NC 28613

Telephone: Central Office (828) 326-9120  
Hickory (828) 324-1313  
Conover (828) 464-0078

Services: Provides support services to senior adults. Services are designed to enhance their lives and promote independence. Provides daily exercise, music, arts & crafts, field trips, education programs, community service projects, speakers bureau. Program provides hot lunch, two nutritional snacks. Transportation is provided as needed.

Hours: M-F 7:30am-5:30pm

Fees: Average \$25 per day plus \$4 trip

Eligibility: Ambulatory (cane or walker). Must be able to feed self and have toilet independence.

**AHEC-NORTHWEST AREA HEALTH EDUCATION CENTER**

Catawba Memorial Hospital  
810 Fairgrove Church Road  
Hickory, NC 28602

Telephone: (828) 326-3386

Services: Provides continuing education for health professionals. Also provides clinical rotations for residents. Library & reference services also available. Provides continuing education and seminars for allied health professionals offered on a regional or customized basis.

Hours: M-F 8:00-5:00

Fees: Fees vary based on seminar

Service Area: Catawba, Alexander, Burke, Caldwell

**AIDS LEADERSHIP FOOTHILLS - AREA ALLIANCE (ALFA)**

Catawba Professional Bldg, Suite 28  
1120 Fairgrove Church Road  
Hickory, NC 28602

Telephone: (828) 322-1447  
(800) 473-1447  
Fax: (828) 322-8795  
E-mail: ALFA@twave.net  
Website: www.ALFANC.tripod.com

Services: Provides services to people living with HIV/AIDS to help enhance their quality of life. We offer assistance with: housing, food, utilities, medication, transportation to medical appointments, emergency needs, support groups, activities, and education programs for clients to help empower their lives. ALFA also provides educational programs to the community on HIV/AIDS prevention.

Hours: M-F 9-5:00

Fees: None

Eligibility: Client services provided to anyone diagnosed with HIV or AIDS and their families or significant others. Educational programs offered to community at large.

Service Area: Alexander, Burke, Caldwell, Catawba, and Wilkes

**ALCOHOL & DRUG ABUSE SERVICES OF CATAWBA COUNTY**

**(A Program of Catawba County Mental Health)**

Suite 23  
1120 Fairgrove Church Road SE  
Hickory, NC 28602

Telephone: (828) 345-6975  
911 (After Hours)

Services: Provides substance abuse counseling and outpatient treatment for adolescents and adults, including family therapy and prevention education.

Fees: Insurance and Medicaid accepted.

Eligibility: Persons with alcohol and/or other drug dependency problems.

**ALCOHOL & DRUG ABUSE TREATMENT CENTER**

301 Tabernacle Road  
Black Mountain, NC 28711

Telephone: (828) 669-3400

Services: 28-day residential treatment program for persons with alcohol and other drug dependency problems.

Hours: 8-4:30 (Office)

Fees: Sliding scale based on income

Eligibility: Persons with alcohol and other drug dependency problems who are referred by local mental health center.

**ALEXANDER CHILDREN'S CENTER**

6220 Thermal Road  
Charlotte, NC 28211

Telephone: (704) 366-8712  
Fax: (704) 362-6751  
Web: [www.alexandercc.org](http://www.alexandercc.org)

Services: A comprehensive treatment program providing special education services, recreation therapy, individual and family therapy, therapeutic cottage life, psychiatric and psychological services, speech/language therapy, Specialized Family Foster Care, Group Homes, and Home-Based Family Services.

Hours: 24-hour facility  
Fees: Call for information  
Eligibility: Emotionally disturbed children, ages 6-12, deemed appropriate by screening process  
Service Area: North Carolina and South Carolina

**ALEXANDER COMMUNITY HOSPITAL**

326 3rd Street SW, Hwy 16  
Taylorsville, NC 28681

Telephone: (828) 635-4000  
Fax: (828) 635-4102

Services: Physician-directed respite care available. Referral only. 14-day limit, cost varies.

**ALEXANDER COUNTY DEPT. OF SOCIAL SERVICES**

334 7th Street, SW  
Taylorsville, NC 28681

Telephone: (828) 632-1080  
After hours (emergencies) (828) 632-4659  
Fax: (828) 632-1092

Services: Provides chore services, medical and general transportation services, congregate nutrition and home-delivered meals, protective services, State/County special assistance, food stamps, Medicaid, low-income energy assistance, blind services, crisis intervention program, information and referral, housing and home improvements, and community alternatives program (CAP) Social Services.

Hours: Monday-Friday 8:00-5:00. 24-hour emergency services.

**ALEXANDER COUNTY HEALTH DEPARTMENT**

322 1st Avenue, SW  
Taylorsville, NC 28681

Telephone: (828) 632-9704  
Fax: (828) 632-9008

Services: Provides home health services (skilled nursing, physical therapy, speech therapy, occupational therapy, home health aide services, medical social work), cancer screening (by appointment only), and other screenings.

Hours: Monday-Friday 8-5  
Home Health Services: On-call 24 hours, 7 days/week

**ALEXANDER COUNTY LOCAL GOVERNMENTS**

255 Liledoun Road  
Taylorsville, NC 28681

Telephone: (828) 632-9332

Services: Local governments offer, when funding is available, housing rehabilitation programs for low-income older adults

**ALEXANDER COUNTY SENIOR CENTER**

590 7th St. SW  
Taylorsville, NC 28681

Telephone: (828) 632-1717

Fax: (828) 632-1102

Websites: [www.geocities.com/alexsrcen](http://www.geocities.com/alexsrcen) or [www.co.alexander.nc.us](http://www.co.alexander.nc.us)

Services: Provides activities and programs to senior citizens. Activities emphasize wellness and exercise, social and recreational opportunities, education, and community service. Provides meeting space for senior groups. Information and case assistance.

Hours: Monday-Friday 9:00-5:00 (plus extended hours Mon, Tues, Thurs, and other times as programs require.)

**ALZHEIMER'S ASSOCIATION INC.**

**(Western North Carolina Chapter)**

219-A Haywood Street  
Asheville, NC 28802

Telephone: (828) 254-7363

Alzheimer's Support Network (800) 672-4213

Alzheimer's and Related Disorder (800) 272-3900

Web: <http://www.alz.org/>

Services: Family Support Groups, Counseling and Case Management Services, Toll-Free Caregiver Helpline Service, In-Home Respite Care, Monthly Caregiver Newsletter, Free Information Packets, Workshops and Symposia, Autopsy Assistance, Patient and Family Advocacy

Hours: Monday-Friday 8:30-5:00

Service Area: Western North Carolina including the Unifour counties

**AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

West Hickory Senior Center  
400 17th Street SW  
Hickory, NC 28602

Telephone: Senior Center (828) 328-2269

Services: Informative magazine, monthly meetings on concerns of older adults.

Hours: 1st Tuesday of each month at 2 pm at First Baptist Church, 150 4th St. NW, Hickory

Fees: Yearly membership dues

Eligibility: 50 years of age or older

**AMERICAN CANCER SOCIETY**

500 East Morehead St, Suite 211  
Charlotte, NC 28202

Telephone: (828) 328-3581  
ACS Information (800) 227-2345  
Web: <http://www.cancer.org>

Services: Education films and literature programs, support groups for cancer patients and their families; information and guidance along with referral to other agencies dealing with the treatment of cancer.

Hours: 8:30-5, M-F  
Fees: None  
Eligibility: Anyone needing information

**AMERICAN HEART ASSOCIATION – N.C. AFFILIATE, INC.**

200 1st Ave. NW, Suite 028  
Hickory, NC 28601

Telephone: (828) 323-8717  
Web: <http://www.americanheart.org>

Services: Education, classes, literature associated with cardiovascular disease.

Hours: Call for appointment between 9 & 3  
Fees: None  
Eligibility: Serves general public and health professionals  
Service Area: Catawba, Caldwell, Burke, Lincoln, Cleveland

**AMERICAN HOMEPATIENT**

1929 Tate Blvd. SE  
Hickory, NC 28602

Telephone: Hickory (828) 324-4504  
Hickory (888) 324-1612  
Lenoir (828) 757-5464  
Maiden (828) 428-9932  
Maiden (800) 833-2777  
Morganton (828) 433-5050  
Morganton (800) 218-5151  
24 Hour On Call Service (800) 812-6440

Services: Medical equipment rentals, sales, and service. Home care supplies.

Hours: Monday-Friday 9:00-5:00  
Service Area: Alexander, Burke, Caldwell, Catawba, Lincoln, and surrounding areas.

## **AMERICAN LUNG ASSOCIATION OF NORTH CAROLINA**

### **Western Area**

31 College Place, Building D, Suite 120  
Asheville, NC 28801  
Mailing: PO Box 2702, Asheville, NC 28802-2702

Telephone: (828) 252-2071  
(828) 258-1176  
(800) 452-8283  
Fax: (828) 252-8368  
Web: <http://www.lungusa.org>

### **Satellite Office**

3305-5 16<sup>th</sup> Avenue SE, Suite 115  
Conover, NC 28613

Telephone: (828) 466-0152  
Fax: (828) 466-0153

Services: Education to public, provide educational materials on smoking and health, conduct smoking cessation clinics for public and industry.

Hours: M-F 8:30am-4:30pm  
Fees: None except for smoking cessation programs and hypnosis  
Eligibility: Residents of above Service Area Counties  
Service Area: Alexander, Avery, Buncombe, Burke, Caldwell, Catawba, Cherokee, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey

## **AMERICAN PARKINSON'S DISEASE**

1250 Hylan Blvd, Suite 4-B  
Staten Island, NY 10305

Telephone: (718) 981-8001  
(800) 223-2732  
Web: [www.apdaparkinson.com](http://www.apdaparkinson.com)

Services: Toll free hotline (1-800-400-2732) that refers calls to local information and referral centers providing information about community services, doctors, and up-to-date treatment methods.

## **AMERICAN RED CROSS CATAWBA VALLEY CHAPTER**

1607 Highland Avenue  
Hickory, NC 28601

Telephone: (828) 322-4151  
Fax: (828) 328-3744  
Web: <http://www.redcross.org>

Services: Disaster aid. Services for military & families - blood, health and safety.

Hours: 9-5 M-F, On-call 24 hours/day  
Fees: Some fees for safety materials  
Service Area: Catawba and Alexander

**ASHEVILLE TEACCH CENTER**

168-B South Liberty Street  
Asheville, NC 28801

Telephone: (828) 251-6319

Services: Autistic & related communications for handicapped children and adults

Hours: 8:30-5 M-F

Fees: None

Eligibility: Autistic & related communications for handicapped children & adults

Service Area: 25 Western Counties in NC

**AUTISM SOCIETY OF NORTH CAROLINA**

3300 Woman's Club Drive  
Raleigh, NC 27612

Telephone: (800) 664-2762  
(800) 442-2762

Services: Provides services for NC residents with autism & related developmental disabilities.

Hours: 8-4:30 M-F

Fees: None except for camping service which is based on sliding fee scale

Eligibility: All residents of NC with autism & related developmental disabilities

Service Area: North Carolina

**BAPTIST CHILDREN'S HOMES OF NC, INC.**

4475 Union Baptist Road  
Lenoir, NC 28645

Telephone: (828) 757-0700

Services: Group care facilities and emergency care for children under 18 years old. Local Care House facility for teenage mothers and babies. Marguerite Noel Home for school age girls with behavior and family problems.

Hours: 8:30-5 M-F (Office)

Residential services 24 hours a day

Fees: Sliding fee scale. Call for information

Eligibility: Caldwell County DSS has first priority for vacancies at Noel Home

Service Area: Alleghany, Ashe, Catawba, Cleveland, Gaston, Lincoln, Caldwell, Burke, Alexander, Wilkes, Watauga

**BETHEL COLONY OF MERCY**

165 Wildwood Road  
PO Box 732  
Lenoir, NC 28645

Telephone: (828) 754-3781

Fax: (828) 754-5370

E-mail: [bethelcolony@conninc.com](mailto:bethelcolony@conninc.com)

Services: 65 Day Program available to men who are sincere and will commit 65 days to restructuring their lives

Hours: 8:30-5



Fees: \$30 entrance fee, books and medical. If real hardship, fee is waived.  
Eligibility: Sincere desire to change. Drug and alcohol free 48 hours before entrance.  
Service Area: United States and other countries

**BETTER BUSINESS BUREAU SERVING CATAWBA COUNTY**

5200 Park Road, Suite 202

Charlotte, 28209-3650

Telephone: (704) 527-0012

Fax: (704) 525-7624

Auto Line: (704) 525-8037

Web: [www.charlotte.bbb.org](http://www.charlotte.bbb.org)

Service Area: Rutherford, Cleveland, Gaston, Mecklenburg, Catawba, Lincoln, S. Rowan, Union, Anson, Cabarrus, Stanly, Scotland, Richmond, Montgomery, S. Iredell  
In SC - York, Chester, Lancaster, Chesterfield and Marlboro

1 West Pack Square

Asheville, NC 28801

Telephone: (828) 253-2392

(800) 452-2882

Hours: 9am - 4pm

Service Area: Avery, Burke, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Swain, Transylvania, and Yancy

500 W. 5th St., Suite 202

Winston-Salem, NC 27101

Telephone: (336) 725-8348

(800) 7777-8348

Hours: Monday-Friday, 8:30am – 4:45pm

Service Area: Alexander, Alleghany, Ashe, Caldwell, Davidson, Davie, Forsyth, Iredell, Rowan, Stokes, Surry, Watauga, Wilkes, Yadkin

Services: Fosters ethical business practices, provides reports on local businesses and local and national charities, provides consumer educational materials, programs, and information.

**BIG BROTHERS BIG SISTERS**

**(A Program of Family Guidance Center)**

#17 Hwy 70 SE

Hickory, NC 28602

Telephone: (828) 322-1400

Services: Matches children in single parent families, ages 6-17, to adult volunteers who serve as positive adult role models.

Hours: 8-5 Monday-Friday

Eligibility: Children must be between ages of 6 and 17, live in Catawba County, and need a positive role model.

**BLUE RIDGE ADULT DAY CARE**

North Carolina School for the Deaf

Building 12

Morganton, NC 28680

Telephone: (828) 438-6255

Services: Provides adult day care services at Oak Grove Baptist Church (Granite Falls), and North Carolina School for the Deaf Campus (Morganton) including supervision, a hot meal, two snacks, social interaction, crafts, field trips, and health monitoring.

Hours: 7:30-5:30 Monday-Friday

Service Area: Alexander, Burke, Caldwell, and Catawba

**BLUE RIDGE COMMUNITY ACTION, INC.**

**Blue Ridge Community Action**

800 North Green Street

Morganton, NC 28655

Telephone : (828) 438-6255

(828) 754-9085

(828) 464-0787

Fax: (828) 433-5721

Services: Adults Services, Child Development, Head Start, Information & Referral, Weatherization.  
(Weatherization is the only service available for Catawba County.)

Hours: 8-5

Eligibility: Varies according to service, but most use OMB poverty guidelines.

Service Area: Alexander, Burke, Caldwell, and Catawba

**BOYS & GIRLS HOMES OF NORTH CAROLINA, INC.**

400 Flemington Drive

Lake Waccamaw, NC 28450

Telephone: (910) 646-3083

Services: Institutional group care and financial assistance for higher education for children 9-18 with intellectual capacity to function in public school.

Hours: 8-5

Fees: Negotiated on a case by case basis.

Eligibility: Age 9-18 with intellectual capacity to function in public school

Service Area: North Carolina

**BOY SCOUTS OF AMERICA**

Piedmont Council

1222 East Franklin Blvd.

PO Box 1059

Gastonia, NC 28053

Telephone: (704) 864-2694

Fax: (704) 867-2046

Web: <http://www.bsa.scouting.org>

Services: The mission of the Boy Scouts is to prepare young people to make ethical choices over their lifetimes by instilling in them the values of the Scout Oath and Scout Law.

Hours: 8:30-5, M-F

Fees: \$7 per year for registration, \$9 per year for optional Boys' Life magazine

Service Area: Alexander, Burke, Caldwell, Catawba, Gaston, Iredell, Lincoln, McDowell, Polk, Rutherford

**BROUGHTON HOSPITAL**

1000 South Sterling Street  
Morganton, NC 28655

Telephone: (828) 433-2111  
Fax: (828) 433-2292  
Web: <http://www.dhhs.state.nc.us/mhddsas/broughto.htm>

Services: Treatment of psychiatric illnesses for all ages.

Hours: Admission 24 hours a day, 7 days a week  
Fees: Varies according to what services are needed and the financial status of the patient.  
Eligibility: Anyone with a psychiatric or emotional illness  
Service Area: 37 Western Carolina counties

**BURKE COUNTY COUNCIL ON AGING**

c/o Morganton/Burke Senior Center  
501 N. Green Street  
Morganton, NC 28655

Telephone: (828) 430-4147

Services: Meets on the second Tuesday of each month at 1:00pm. The council, composed of older adults and representatives of human service agencies, is appointed by the County Commissioners. The mission of the Burke County Council on Aging is to serve as an advocate for senior citizens, and to assist agencies and organizations serving older adults to improve the quality of life of older adults.

Hours: Monday-Friday 8:00am-4:00pm

**BURKE COUNTY DEPARTMENT OF SOCIAL SERVICES**

700 East Parker Road  
Morganton, NC 28680-0549

Telephone: (828) 439-2000

Services: Provides a variety of services to elderly/disabled adults (18 years or older); including Adult Protective Services, Medicaid and At Risk Case Management, CAP/DA, Guardianship, Personal Care Services, Services for the Blind, Case Management for Adult Care Homes.

Hours: 8:00-5:00 Monday-Friday

**BURKE COUNTY HEALTH DEPARTMENT**

PO Box 1266  
Morganton, NC 28680

Telephone: (828) 439-4400

Services: Provides various services that promote and protect health such as immunizations, health screening, blood pressure checks; maternity, family planning, and environmental health.

Hours: 8-5 M-F, Late Clinic 5-7 Thurs.

Service Area: Burke County

**BURKE UNITED CHRISTIAN MINISTRIES**

500 South Green Street  
Morganton, NC 28655

Telephone: (828) 433-8075

Services: A crisis ministry assisting families with food, clothing, utilities and medicine. 7 days/week soup kitchen

Hours: 9:00am-4:00pm

Service Area: Burke County

**CALDWELL COMMUNITY COLLEGE & TECHNICAL INSTITUTE**

2855 Hickory Blvd.  
Hudson, NC 28638

Telephone: (828) 726-2200

Services: Provides quality and affordable college transfer, 2 year technical, one year vocational, and short term occupational and general interest programs in many areas.

Hours: Switchboard: 8am-10pm M-TH, 8-5 F

Fees: State approved tuition & fees

Eligibility: Open to all. Some programs have varying entrance requirements. Financial aid available.

Service Area: Caldwell, Watauga & surrounding counties

**CALDWELL COUNTY YOKEFELLOW, INC.**

1602 Harper Avenue, NW  
Lenoir, NC 28645

Telephone: (828) 754-7088

Fax: (828) 754-7158

Services: Provides used clothing, household goods, furniture, food, and emergency financial aid to needy persons.

Hours: Monday, Tuesday, Thursday, Friday 9:00am-12:00  
1:00pm-3:30pm, Closed Wednesdays

Service Area: Caldwell County except the southern end (to  
Cajan's Mountain Road)

**CALDWELL MEMORIAL HOSPITAL**

321 Mulberry Street SW  
Lenoir, NC 28645

Telephone: (828) 757-5100

Services: Acute care facility serving the foothills of Western NC (110 licensed beds). Eight (8) affiliated practices; home care; Lifeline; outpatient behavioral health; wellness center; health education classes; rehabilitation services; pediatric cardiology clinic; Arthritis Clinic; Center for Breast Health; Center for Diabetes Health; Center for Joint Health; sports medicine; ambulatory surgery center; Cancer Care Center and a variety of disease-specific support groups.

**CALDWELL SENIOR CENTER, INC.**

650-A Pennton Avenue, SW  
Lenoir, NC 28645

Telephone: (828) 758-2883

(828) 758-2566

Fax: (828) 758-2348

Services: Multipurpose facility for senior adults. Provides social, physical and academic activities. Senior referral services.

Hours: 9:00-5:00 Monday-Friday

**CATAWBA COUNTY CHAMBER OF COMMERCE**

1055 Southgate Corp. Park SW  
Hickory, NC 28602

Telephone: (828) 328-6111

Website: <http://www.catawbachamber.org>

Services: Develop, encourage & promote, and protect the commercial, professional and financial general business and residential interests of the Catawba County area.

Hours: 8:30-5 M-F, 9-5 Sat & Sun

Fees: Membership dues

Eligibility: Any reputable person, firm, association, corporation, partnership or estate may subscribe to membership

**CATAWBA COUNTY COUNCIL ON AGING**

West Hickory Senior Center  
400 17th St. SW  
PO Box 835  
Hickory, NC 28602

Telephone: (828) 328-2269

E-mail: [coa@twave.net](mailto:coa@twave.net)

Services: Information & referral services and programs for people age 60 and over.

Hours: 8:30-4:30 M-F

Fees: None

Eligibility: Age 60 & over

**CATAWBA COUNTY DEPARTMENT OF SOCIAL SERVICES**

3030 11th Ave. Dr. SE  
Hickory, NC 28602  
Mailing: PO Box 669, Newton, NC 28658

Telephone: Main Office (828) 695-5600

Child Protective Services (828) 324-9111

Adult Protective Services (828) 695-5609

Communication Central (828) 464-3112

Web: <http://www.co.catawba.nc.us/depts/dhr/dss/dss.htm>

Services:

**Adolescent Pregnancy Prevention** - Designed to Help youth deal with sexuality issues. Group work and individual counseling available

**(CATAWBA CO. DEPARTMENT OF SOCIAL SERVICES, CONTINUED)**

**Adoption** - Designed to serve natural parents who desire to release their children to adoptive placement and persons desiring to become parents through the adoption process.

**Blind Services** - Services to help move visually impaired citizens toward independence.

**Child Support Enforcement** - To assure that children receive financial and medical support from those who are legally responsible for providing such support. A small fee may be required.

**Crisis Intervention** - Investigation and assessment by a professional in situations of parent-child conflict resulting in alleged neglect, abuse or, in adult cases, where abuse, neglect or exploitation is alleged.

**Day Care for Adults** - Limited assistance to participants. Also responsible for certification of day care centers and monthly monitoring.

**Day Care for Children** - Assisting parents in making adequate child care arrangements. Consultation for child care providers. Day care scholarships available for eligible children.

**Early Childhood Support Team** – Social Workers on a multidisciplinary team provide counseling for families with young children who are displaying behavior/emotional problems.

**Employment Programs** - Job preparation, job search assistance and job training for persons receiving Work First and/or food stamps.

**Faith Community Task Force on Poverty** – Partnership with faith community to support families as they move from welfare to work. Sponsors a car donation project and mentoring project with local faith groups.

**Family Planning** - Counseling and identification of resources to enable individuals and families to place size, spacing, conditions of their families.

**Food Stamps** - Assisting low-income families to maintain levels of good nutrition.

**Foster Care for Adults** - Assessment for placement and assistance in finding licensed facilities, according to level of care.

**Foster Care for Children** - Evaluation, arrangement and supervision of a plan for substitute care in a licensed or approved home or facility when a child's own family cannot care for him/her.

**Foster Home Licensure (Adults)** – Licensure, supervision and monitoring of adult care homes. Monitor volunteer program of licensed foster parents to provide substitute home care for children. Investigation of complaints.

**Fraud** – Overpayment in any program, which resulted from client error or from intent, is collected and returned to the appropriate entity.

**Health Support Services** – Help individuals recognize health needs and secure services.

**Homemaker Services** – To strengthen family life and maintain the elderly and disabled in the community.

**Health Aide Services** – Provides basic personal care to homebound persons under contract with the Public Health Department.

**In-home Aide (Chore) Services** – Includes personal care, meal preparation, shopping, basic household tasks, laundry and respite care

**(CATAWBA CO. DEPARTMENT OF SOCIAL SERVICES, CONTINUED)**

**Individual and Family Adjustment Services** – Counseling and assistance in support of the individual's attempts to restructure or solidify his environment and achieve an adequate level of functioning.

**Information and Referral**

**Long-Term Care/Community Alternatives Program** – Medicaid program in which a variety of in-home and community services provide an alternative to nursing home placement for elderly or disabled adults.

**Low Income Energy Assistance** – One-time cash payment to help with heating bills.

**Medicaid** – To assist indigent, eligible individuals with medical services.

**Medical Case Management for At-risk Adults and Children** – Case management to assist Medicaid-eligible citizens who are at risk for abuse and/or neglect in gaining needed medical or social services.

**Medicare Aid** – Available to Medicare recipients, who meet certain income/resource criteria, to help with rising medical costs.

**NC Health Choice** – Free or low cost health insurance for uninsured children under the age of 19 who meeting certain income criteria.

**Parenting Education** – Group sessions to teach basic parenting skills.

**Preventive Services** – Specialized social work services to families who are threatened with disruption because of severe problems and/or the inability of parents to fulfill their responsibilities to their children.

**Problem Pregnancy** – Assist and enable individuals faced with undesired pregnancy to make necessary decisions and provide support.

**Protective Services (Adult)** – To correct or prevent abuse, neglect, exploitation or hazardous living conditions of disabled individuals 18 years or older who are unable to manage their own lives.

**Protective Services (Child)** – Identifies children (0-17) at risk; investigates reports of neglect, abuse, dependency or exploitation. Counsels and plans with family.

**Residential Child Care Program** – Provides a home atmosphere to children outside their own homes and enables children in agency custody to remain in the community. Six facilities: one emergency shelter, two child care cottages, two therapeutic homes for youth with behavioral problems, and one high management home for youth with severe emotional and behavioral problems.

**School Social Work Services** – Interdisciplinary teams to serve target schools in Catawba County.

**Special Assistance** – To assist eligible individuals with the cost of adult care.

**Special Assistance for the Blind** – Provides assistance to needy, legally blind individuals who meet eligibility requirements.

**Specialized Foster Care** – For children with unique problems or handicaps who require a home with foster parents trained to meet their needs.

**Therapeutic Foster Care** – For children: Highly structured treatment placement for children with intensive emotional and behavioral problems. Specially-trained foster parents provide the services in their homes.

**Transportation Services** – To enable individuals who have no means of transportation to make effective use of community resources. Persons 60 or over may call 326-5608 for transportation to medical and community resources. 24 hour notice required.

**Work First** – Provides short-term financial assistance for very low-income families with minor children. Provides employment counseling and job training to move adults into full-time employment.

### **CATAWBA COUNTY EMERGENCY MANAGEMENT**

100A Southwest Blvd.

Newton, NC 28658

Telephone: (828) 465-8230

Fax: (828) 464-4820

Services: Emergency Medical Services, Fire Marshal's office, Animal Control, Emergency Shelter Coordination and Evacuation.

Hours: 8-5

Eligibility: N/A

### **CATAWBA COUNTY EMERGENCY SERVICES**

100A Southwest Blvd.

Newton, NC 28658

Telephone: (828) 465-8230

Fax: (828) 464-4820

Services: Emergency Medical Service; Emergency Management; Fire Marshall's Office; Animal Control; Animal Shelter; Emergency Shelter Coordination and Evacuation; Local Emergency Planning Committee

Hours: 8-5 M-F

Fees: Varies with the program

Eligibility: N/A

### **CATAWBA COUNTY FIRE MARSHAL**

100A Southwest Blvd.  
Newton, NC 28658

Telephone: (828) 465-8237  
Fax: (828) 464-4820

Services: Fire Code Enforcement, Fire Inspections, Fire Investigations, Fire Prevention Programs and Fire Education.

Hours: 8-5  
Fees: Fees for permits under the county fire code  
Eligibility: None

### **CATAWBA COUNTY HEALTH DEPARTMENT**

3070 11th Ave Dr SE  
Hickory, NC 28602

Telephone: (828) 695-5800  
Fax: (828) 695-4410  
Web: <http://www.co.catawba.nc.us/depts/dhr/ph/phmain.html>

Services (available at the health department **by appointment only**):

**Cancer Screening/Adult Health Clinic** - (4 ½ days/week; M-F) (Financial eligibility scale) Available primarily to women and provides complete physical examinations including pap tests, instruction in breast self-examination, and hormone replacement therapy. The clinic also involves lab procedures and tests for diabetes, tuberculosis, chlamydia and gonorrhea.

**TB Program (Tuberculosis)** - (No Fee, available to any Catawba County citizens) Set up to monitor and control tuberculosis through X-ray, preventive drug treatment, and surveillance. Treat and follow-up known cases.

**Cholesterol Screening** - (Tu & Th by appointment only) (Fee charged) Provides blood cholesterol screening, counseling & education; referrals made if indicated.

**Diabetic Screening** - (Tu & Th by appointment only) (Fee charged) Blood sugar testing with counseling and referral if indicated.

**Women's Preventive Health Clinic** - (4 ½ days/week, M-F) (Medicaid, Sliding fee scale, financial eligibility required) Provides physical examinations, lab procedures, contraceptive methods, and education related to Women's Health issues ( i.e. weight control, smoking cessation, healthy living, preconceptional health, vasectomy, and natural family planning counseling); referrals made if indicated.

**High Risk Prenatal Clinic** - (weekly) (Eligibility determined through DSS and referrals from Caldwell and Alexander County Health Departments) Provides ongoing prenatal care to women with high risk medical conditions during pregnancy.

### **(CATAWBA CO. HEALTH DEPARTMENT, CONTINUED)**

**Prenatal Clinic** - (4 days/week, M-Th; Problem appointments on F) (Eligibility determined through DSS.) Provides comprehensive prenatal care, prenatal education, and Lamaze/Childbirth Education to women in Catawba Co. throughout the course of their pregnancy.

**Maternity Care Coordination (MCC)** - (Medicaid) A case management program that follows prenatal patients during their pregnancy up to eight weeks postpartum. If there are problems or concerns that can adversely affect the unborn or new baby, the MCC social worker develops a plan designed to resolve their problems and assists the mother in completing a plan by contacting them at least one time per month. During these contacts, the social worker evaluates the patient's progress, assists with transportation and housing, assists with following up on missed appointments, and provides educational information related to her pregnancy.

**Pregnancy Testing** - (M-Th) (Fee) Urine samples required for pregnancy test.

**Sexually Transmitted Disease/HIV Testing Clinic** - (Tu 1-4:30 pm & Th 1-4) (No fee) Provides diagnosis, treatment, and counseling for common sexually transmitted diseases. HIV testing and counseling provided.

**Foreign Travel Immunizations** - (by appointment) (Fee charged)



**Child Health Clinic** - (twice/month) (Sliding scale fee, financial eligibility scale) Provides comprehensive child health care to income eligible children, infancy to 18 years of age, by offering physical examination, laboratory testing, vision and hearing testing, developmental testing and immunizations.

**Child Service Coordination (CSC)** - (Medicaid & other eligible children) A case management program for high risk children, birth to three years old, that provides developmental screening, immunizations, appropriate medical referrals, comprehensive family assessments, and educational services. The overall goal of this program is early identification of medical and developmental problems so that the appropriate referrals and early interventions can be initiated and these children will attain their optimal level of development. This program also identifies social, economic and environmental needs of the family and assists the family in locating the resources to meet these needs.

**Immunization Clinic** - (By appointment – call 326-5881) M & Tu 8-12noon & 1-5pm; W & F 1 - 5pm. **No fee** for state required immunizations. There is a charge for TB skin tests.

**WIC (Women, Infants & Children)** - (Phone: 326-5884 ) (No Fee, Financial eligibility required) M-F 8am - 5pm; 3rd Tu evening/month. A federal supplemental nutrition program for pregnant, postpartum, and breast-feeding women and infants, and children up to age five. Provides food coupons/vouchers to redeem at participating food stores for nutritional foods (ex. milk, juice, eggs, cheese, cereal). Counseling and education also provided.

**Dental Clinic** - (M-Th) (Medicaid eligibility/sliding scale fee) Provides primary dental care (i.e. exams, cleans, sealants, fillings, extractions, and emergency treatment/trauma) to children according to the income level of the family.

#### **CATAWBA COUNTY HEALTH DEPARTMENT**

##### **ENVIRONMENTAL HEALTH**

PO Box 389

Newton, NC 28658

Telephone: (828) 465-8270  
TDD (828) 465-8200

Fax: (828) 465-8276

Services: Inspection of local food handling, lodging establishments and institutions, milk samples, public swimming pools, and tattoo artists. Subdivision, residential and business lot approval. Septic tank and water system inspections for loan certification. Well and septic tank inspection, lead screening, and landfill permitting.

Hours: 8-5, Monday-Friday

#### **CATAWBA COUNTY HEALTH DEPARTMENT**

##### **HOME HEALTH AGENCY**

3070 11th Ave Dr SE

Hickory, NC 28602

Telephone: (828) 695-5849

Services: Patient care for Catawba Co. residents, referral by private physician.

Hours: Intermittent basis, 24 hours a day, 7 days/week

Eligibility: Catawba Co. residents, referral by private physician

#### **CATAWBA COUNTY MENTAL HEALTH**

3050 11th Ave. Dr. SE

Hickory, NC 28602

Telephone: (828) 695-5900

Fax: (828) 695-4256

Web: <http://www.co.catawba.nc.us/depts/dhr/mh/mhmain.htm>

Services:

**Adult Day Program (ADAP)** – Vocational evaluation, vocational training, remunerative employment, personal and community living skill development, adult basic education, long-term support, follow-up and case management, supported employment

**Life Skills** – Assists adults with mental retardation in establishing and maintaining independent living arrangements.

**Adult Outpatient** – Provides individual, marital, family and group therapy, psychological and psychiatric evaluations, medication management, case management aftercare and referral services.

**Community Alternatives Program** – Institutional placement prevention through community services in and out of the home.

**Children/Youth** – Provides individual, family and group therapy, psychological testing and psychiatric evaluation to children and youth. Psychological services to the juvenile court and the school systems and maintains an adolescent day treatment program.

**Consultation and Education** – Provide consultation to other agencies as needed.

**Detoxification** – Arrange for withdrawal from alcohol and drug usage (medical detox and social setting detox).

**Developmental Disabilities Services** – Provides services to infants/children/adults who have developmental disabilities, are delayed, at risk or have traumatic brain injury.

**DWI School** – Education for those arrested under the influence of alcohol or drugs.

**Early Childhood Intervention Services (ECIS)** – For children 0-3 with developmental disabilities. Provides in-home support, speech, and physical therapy.

**Early Childhood Support Team** – Education Specialists provide technical assistance to child care providers regarding licensing, room arrangement, etc. Psychologist provides family counseling for children who are displaying behavior problems.

**Emergency Services** – Agency staff are available on a 24 hour basis to address crisis situations as they arise.

**Halfway Houses** – Referral to Flynn Christian Fellowship for men and women.

**Outpatient Counseling** – Individual, marital, and family therapy; information and referral.

**Psychosocial Rehabilitation (Connections Clubhouse)** – Provides long-term support, training, education, and vocational opportunities for persons with severe and persistent mental illness.

**Residential** – Supervised living arrangements in apartments and group homes.

**Respite** – Professionally supervised care in and out of the home that allows temporary relief for primary caregivers.

Hours: 8-5 M-F

Fees: Sliding scale based on income and dependents. Medical insurance, Medicaid, Medicare often apply.

Eligibility: All Catawba County residents

### **CATAWBA COUNTY PARTNERSHIP FOR CHILDREN**

#### **(Smart Start)**

4<sup>th</sup> Floor, First Plaza Building

1985 Tate Blvd. Suite 11

Hickory, NC 28602

Telephone: (828) 328-4848

Fax: (828) 328-4551

Web: [www.catawbakids.com](http://www.catawbakids.com)

Services: Provides Smart Start funding to ensure children in Catawba County enter school ready to learn. Includes children 0-5 & their families.

Hours: 8-5 M-F

Fees: N/A

Eligibility: Children 0-5 and their families

### **CATAWBA COUNTY UNITED WAY**

PO Box 2425

Hickory, NC 28603

Telephone: (828) 327-6851  
Fax: (828) 324-4358  
Website: www.ccunitedway.com

Services: A community-wide non-profit organization providing support to human service agencies. Also houses the Volunteer Center/Information and Referral service.

Hours: 8:30am – 5pm  
Service Area: Catawba County

**CATAWBA COUNTY VETERANS OFFICE**

100A Southwest Blvd.  
PO Box 389  
Newton, NC 28658

Telephone: (828) 465-8255  
Fax: (828) 464-4820

Services: Assists all veterans, widows, dependent children, and dependent parents in veterans affairs.

Hours: 8-5 M-F

**CATAWBA MEMORIAL HOSPITAL**

810 Fairgrove Church Road  
Hickory, NC 28602

Telephone: (828) 326-3000  
Web: <http://www.catawbamemorial.org>

Services: Full service Hospital. Diabetes Education Services, Health Outreach Center, Mammography Center, Mastectomy Support Group, Occupational Health, Poison Control Center, Rehabilitation Center, Women's Health Education Center, Work Injury Management Center.

Hours: 24 hours continuous  
Fees: Variable  
Eligibility: Referral through family MD or emergency room  
Service Area: Greater Unifour area.

**CATAWBA VALLEY COMMUNITY COLLEGE**

2550 HWY 70 SE  
Hickory, NC 28602

Telephone: Main Switchboard (828) 327-7000  
CVCC Child Development Center (828) 327-7573  
Newton Center (828) 465-2937  
Alexander Co. Center (828) 632-8221  
Fax: Administrative Office (828) 327-7276  
Continuing & Corporate Education (828) 322-5455  
Alexander Co. Center (828) 632-8544  
Web: <http://www.cvcc.cc.nc.us>

Services: Educational services including learning resource center with library, career counseling center, for adults 18 years of age or older; 16-18 allowed under special circumstances.

Hours: 7:30am-10pm M-Th, 7:30am-5:30pm Fri, weekends as events are scheduled

Fees: Curriculum students: \$27.50 per semester hour to a maximum of \$440. Continuing Education: \$0-\$65 per course.  
Eligibility: Adults 18 years of age or older; 16-18 allowed under special circumstances  
Service Area: Catawba & Alexander Counties

**CATAWBA VALLEY HIGH SCHOOL**

231 3rd Ave. NE  
Hickory, NC 28601

Telephone: (828) 328-6738

Services: Education grades 6-12 for students in grades 6-12 recommended by public schools in Catawba County.

Hours: 8:30am-3:05pm, 4pm-7pm extended day

Fees: None

Eligibility: Students in grade 6-12 recommended by public schools in Catawba County for various reasons.

**CATAWBA VALLEY LEGAL SERVICES, INC.**

211 E. Union St.  
Morganton, NC 28655

Telephone: (828) 437-8280

(800) 849-5195

Fax: (828) 437-9397

Services: Legal services for those with low income. Special unit for senior citizens. Provides legal advice, representation, and self-help training in the following areas: health, housing, government benefits, domestic violence, consumer, employment, etc.

Hours: 8:30-5 M-F

Fees: None

Eligibility: Low income, follow Federal poverty guidelines

Service Area: Alexander, Burke, Caldwell, Catawba, Cleveland, Lincoln, McDowell counties

**CENTRO LATINO**

St. John's Methodist Church  
2805 Kool Park Road  
Hickory, NC 28601

Telephone: (828) 441-2493

Services: A center where Hispanic/Latino families can access resources relating to child care, education, human services, legal issues, etc.

Hours: Hours vary

Fees: None

Service Area: Catawba County

**CHARLOTTE INSTITUTE OF REHABILITATION**

1100 Blythe Blvd.  
Charlotte, NC 28203

Telephone: (704) 355-4300

Web: (800) 634-2256  
http://www.charweb.org/health/rehab

Services: Physical and cognitive rehabilitation for those suffering from brain injury, stroke, chronic pain, spinal cord injury, orthopedic trauma, arthritis and neuromuscular disorders.

Hours: 8-4:30 M-F

Fees: Fee based on therapy, clinic visit, etc.

Eligibility: All ages

Service Area: North and South Carolina

**CHILDREN'S ADVOCACY CENTER OF CATAWBA COUNTY**

PO Box 669  
Newton, NC 28658  
Street Address: 3305 16<sup>th</sup> Avenue SE, Suite 201, Conover, NC 28613  
(Located at the Women's Health Education Center directly behind Burger King on Fairgrove Church Road)

Telephone: (828) 465-9296

Services: A center to coordinate services for abused and neglected children and their families.

Hours: (Office) 8-5 Monday-Friday. Call 911 for emergencies.

Fees: None

Service Area: Catawba County

**CHILDREN'S HOME SOCIETY  
OF NC WESTERN DISTRICT OFFICES**

PO Box 5254  
Asheville, NC 28813

Telephone: Asheville (local) (828) 258-1072  
Hickory (local) (828) 328-9516  
Toll Free (800) 632-1400

Fax: (828) 258-0886

Services: Confidential problem pregnancy counseling; temporary care for infants and toddlers being considered for adoption; adoption services for older children referred from other agencies; casework for persons seeking to adopt; post adoptive counseling.

Hours: 8:30-5

Fees: No fees to birth parents and adoptive parents of special needs children

Eligibility: North Carolina citizens

**CHILDREN'S PROTECTION COUNCIL**

PO Box 1415  
Hickory, NC 28603

Telephone: (828) 465-9297

Website: See www.catawbakids.com

Services: Citizen-supported organization that is dedicated to providing leadership, support, and coordination for the prevention of child abuse and neglect in Catawba County. Administers the Erlene Sigmon Fund that enables child protection workers to respond to emergency needs for children. Speakers Bureau available.

Meets: First Monday of every month 3305 16<sup>th</sup> Avenue SW, Suite 201, Conover, NC. (Behind Burger King on Fairgrove Church Road)

Fees: Membership dues apply

**CHILDREN'S RESOURCE CENTER**

Fourth Floor, First Plaza Building  
1985 Tate Blvd. SE  
Hickory, NC 28602

Telephone: (828) 328-8228  
Fax: (828) 328-4551

Services: Maintains a database on child care availability and provides impartial referrals to child care centers, family child care homes and half-day programs. Provides support and training for child care centers.

Hours: 8:00 – 5:00 M-F  
Fees: None  
Service Area: Catawba County

**CHRISTIAN COMMUNITY OUTREACH MINISTRIES (CCOM)**

870 8<sup>th</sup> Street NE  
PO Box 3324  
Hickory, NC 28603

Telephone: (828) 328-1803  
Fax: (828) 328-1804

Services: Spiritual services, including biblical encouragement, distribution of bibles, personal evangelism, mentoring programs, various community outreaches. Practical services, including food (non-perishable) and clothing. Emergency services, including utility reconnects, rent eviction crisis and referrals for other emergency needs. Employment services, including counseling and referrals.

Hours: 9-3 M-F  
Fees: None  
Eligibility: Per case basis  
Service Area: Unifour

**CITY OF HICKORY PUBLIC HOUSING AUTHORITY**

841 South Center Street  
Hickory, NC 28602

Telephone: (828) 328-5373

Services: Provides decent, safe and sanitary housing for low-income families.

Hours: 8:30-5 M-F  
Fees: None  
Eligibility: Varies on type of program  
Service Area: Greater Hickory

**COMMUNITY SCHOOLS PROGRAM  
OF CATAWBA COUNTY**

111 West 8<sup>th</sup> Street  
Newton, NC 28658

Telephone: (828): 464-9355  
Fax: (828) 464-8003

Services: Coordinates use of school facilities, offers school-age care for children – before, after school and during summer, homework help for students, Senior Adult Program, recreational and educational opportunities.

Hours: 8-5 M-F

Fees: Variable

Eligibility: No restrictions

Service Area: Catawba County

### **COMSERV GROUP HOMES, INC.**

PO Box 8250

Morganton, NC 28680-8250

Telephone: Corporate Office (828) 438-6026

Main Office (828) 757-0209

Fax: (828) 430-7001

Services: 24-hour residential services and day activity services for mentally retarded and developmentally disabled persons. Additional services include: periodic services, consumer behavior intervention, community inclusion, supported employment, supported living, pre-vocational services, family training, and respite.

Hours: Residential Care: 24 hours per day.

Day Services: 9:00am-2:30pm

Service Area: Cherokee, Clay, Macon, Graham, Swain, Haywood, Jackson, Transylvania, Henderson, Madison, Buncombe, Yancey, Mitchell, Avery, Aatauga, Ashe, Wilkes, Alleghany, Surry, Yadkin, Iredell, Rowan, Cabarrus, Stanly, Mecklenburg, Cleveland, Gaston, Lincoln

### **CONFLICT RESOLUTION CENTER**

PO Box 9025

Morganton, NC 28680

Telephone: (828) 584-2191 (Director) (828) 234-6997 (Asst. Director)

Fax: (828) 584-6604 (Director) (828) 294-3225 (Asst. Director)

Email: conflictresctr@hci.net

Services: This non-profit "community mediation center" provides mediation, conciliation, and facilitation in the public and private sector. Referrals are from many sources including the courts, schools, law enforcement, community groups, local government, business, families, friends, and neighbors. Conflict in a relationship often needs to be addressed with the help of a third party, or "neutral." A pool of more than 40 volunteer mediators are available to provide mediation services during the days and evenings at neutral community locations.

The Center also provides training and consultation to organizations and the public in basic and advanced mediation, personal and workplace conflict resolution, and good communication skills.

Hours: 9:00 - 5:00 Monday through Friday and by appointment

Fees: Sliding scale

Eligibility: Please contact the CRC for additional information or to discuss an intake.

Service Area: Catawba, Burke, and Caldwell

**CONOVER SCHOOL**

108 7th St. Pl. SW  
Conover, NC 28613

Telephone: (828) 464-9532

Services: Public education for mentally handicapped, autistic and augmentative communication needs students, ages 3 to 21.

Hours: 8:15-3:15 regular program  
6:30am-6:00pm before and after school care

Fees: None for regular education program; \$5 per day, maximum for before and after school program.

Eligibility: Students must qualify as mentally handicapped, developmentally delayed and autistic by State Dept. of Public Ed. guidelines

Service Area: All three school systems in Catawba County

**CONSUMER CREDIT COUNSELING SERVICE**

**(A Program of the Family Guidance Center)**

17 Highway 70, SE  
Hickory, NC 28602

Telephone: (828) 322-7161

Services: Confidential, professional financial counseling to resolve debt problems, budget counseling, money management, consumer education, and community educational presentations.

Hours: 8-5 M-F

Fees: None

Eligibility: Anyone living or working in Catawba County

**COOPERATIVE CHRISTIAN MINISTRY**

**Eastern Catawba Cooperative Christian Ministry (ECCCM)**

107 East O Street  
Newton, NC 28658

Telephone: (828) 465-1702

Services: Emergency help for food, clothing, utilities, fuel, medicine, rent, etc.

Hours: 8:30 – 12, 1-5 Monday-Thursday

Fees: None except for Thrift Shop

Eligibility: Anyone in need

Service Area: Eastern Catawba County

**Greater Hickory Cooperative Christian Ministry**

31 1st Ave SE  
Hickory, NC 28602

Telephone: (828) 327-0979

Fax: (828) 327-9102

Services: Crisis assistance with food, clothing, household items and financial (utilities, rent, medical, and fuel).

Hours: Office 8:30-12 & 1-5, Clients 9:30-11:45 & 1-4

Fees: Minimal fees for clothing

Eligibility: Varies with the program but must have picture ID

Service Area: Greater Hickory, and for some programs, Catawba County



**COUNCIL ON ADOLESCENTS OF CATAWBA COUNTY**

612A 32nd Street SE  
Conover, NC 28613

Telephone: (828) 322-4591 (Call before going to office)

Services: Sexuality education and assertiveness training for elementary, middle and high school students; parenting classes and support groups.

Hours: 8:30-4 M-F

Fees: None

Eligibility: Open to all concerned Catawba County citizens

**COUNSELING SERVICES OF CATAWBA (Catawba Co. Mental Health)**

1985 Tate Blvd. SE  
Hickory, NC 28602

Telephone: (828) 326-5960  
(828) 464-6902

Services: Provides services to adult outpatients, children, substance abuse services, employee assistance programs, and consultation and education programs.

**Adult Outpatient Counseling Services** – Provides individual, marital, family, and group psychotherapy; psychological and psychiatric evaluations and all related care management.

**Family and Children's Services** – Provides individual, family, and group therapy, psychological testing and psychiatric evaluation to children and youth/ Also provides psychological services to juvenile court and the school systems and maintains a day treatment program.

**Consultation and Education** – Provides information and education on mental health issues to groups within the community upon request.

**Employment Assistance Programs** – Designs, coordinates, and provides services to local employers on a contractual basis.

Hours: 8am-9pm M & Th, 8-5 Tues & Wed, 8-noon Friday

Fees: Sliding scale based on income and dependents or as arranged by Employee Assistance Program

Eligibility: Catawba County residents

**DAYTIMERS AT ABERNETHY CENTER**

**ADULT DAY HEALTH PROGRAM**

102 Leonard Ave.  
Newton, NC 28658

Telephone: (828) 465-8505

Fax: (828) 465-8558

Services: Personal care; nursing assistance; occupational, physical and speech therapy, social activities. Transportation on a limited basis.

Hours: 7:30-5:00 M-F

Fees: \$26 to \$41 per day, depending on needs (some funding may be available)

Eligibility: Age 18 and over, who can function in a group

Service Area: All of Catawba County, plus Denver and Lincolnton

**DEPARTMENT OF JUVENILE JUSTICE AND DELINQUENCY PREVENTION**

Newton: Catawba County Justice Center  
100 SW Blvd.  
PO Box 728  
Newton, NC 28658

Hickory: 111 Main Ave., NE  
Hickory, NC

Telephone: Newton: (828) 465-1911  
Hickory: (828) 328-4921

Fax: Newton: (828) 466-5657  
Hickory: (828) 328-4921

Services: Complaints are accepted on youth alleging delinquent and undisciplined behaviors from law enforcement, parents and the community. Determine if complaint is approved for court or diverted from court. Assess needs of juvenile and assist in meeting those needs by a referral process. Act as the court counselor assisting children in complying with the orders of the court.

Hours: 8-5 M-F  
Fees: None  
Eligibility: Juveniles, 6 – 18 yr.

**DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER**  
**SUBSTANCE ABUSE TREATMENT PROGRAM**

1601 Brenner Ave.  
Salisbury, NC 28144

Telephone: (828) 638-3477

Services: Residential rehabilitation for veterans with substance abuse problems.

Hours: 24 hours  
Fees: None  
Eligibility: Eligible veterans  
Service Area: 12 counties in North Carolina

**DEVELOPMENTAL EVALUATION CENTER (DEC)**

3314-12 16th Ave SE  
Conover, NC 28613

Telephone: Conover (828) 466-5594  
Morganton (828) 438-6263  
Fax (828) 466-5598

Services: Diagnostic testing and evaluation of children birth to age 5, at risk for developmental or learning problems. Other services available, though referrals from the school systems.

Hours: 8-5 M-F  
Fees: None for children age 5 and under for evaluation  
Eligibility: North Carolina children  
Service Area: Alexander, Burke, Caldwell, Catawba, McDowell

**EAST BURKE CHRISTIAN MINISTRIES**

204 South Center St. (in old school)  
Hildebran, NC 28637

Telephone: (828) 397-7074

Services: Food, clothing, monetary assistance for power, rent, medicine, and fuel.  
Hours: 9-4 Tues & Wed, 9-12:30 Thurs  
Fees: None  
Eligibility: In need  
Service Area: East of Valdese to county line

**EASTER SEAL SOCIETY OF NORTH CAROLINA**

2315 Myron Dr.  
Raleigh, NC 27607

Telephone: (800) 662-7119

Services: Public information and referral; recreational programs; support group network; physical rehabilitation; advocacy programs; medical equipment provision program.

Hours: 8:30-5 M-F  
Fees: Vary according to service  
Eligibility: Varies according to program

**ECONO FORCE INDUSTRIAL SERVICES**

413 Thornburg Dr.  
Conover, NC 28613

Telephone: (828) 465-0371  
Fax: (828) 465-3073  
Web: <http://www.econoforce.org/>

Services: Work skills assessment, vocational training, sheltered employment, independent living skills, sub-contract services to area industries.

Hours: 8-4:30 M-F  
Eligibility: 16 yrs or older with diagnosed vocational handicap  
Service Area: Alexander, Burke, Catawba, and Lincoln counties

**EMPLOYMENT SECURITY COMMISSION**

3301 Highway 70-321, East  
Hickory, NC 28602

Telephone: (828) 466-5535  
Fax: (828) 466-5546

Services: Job service to workers and employers on a non-fee basis.

Hours: 8-5 M-F  
Fees: None  
Eligibility: Anyone needing assistance  
Service Area: Alexander and Catawba

**EPILEPSY ASSOCIATION OF NC, INC.**

3001 Springforest Road  
Raleigh, NC 27616

Telephone: (919) 834-2876  
(800) 451-0694

Services: Provide information and referral, support groups, education workshops, newsletter, empowerment training for individuals living with epilepsy.

Hours: 9-5 M-F  
Fees: None  
Eligibility: Open  
Service Area: Statewide

**EQUAL EMPLOYEMENT OPPORTUNITY COMMISSION**

Charlotte District Office  
129 West Trade Street, Suite 400  
Charlotte, NC 28202

Telephone: (800) 669-4000  
TTY (800) 669-6820  
Web: <http://www.eeoc.gov/>

Services: Investigates charges of discrimination in employment based on race, sex, color, religion, national origin, age, or disability.

Hours: 8:30 – 5  
Fees: None  
Eligibility: Anyone with a complaint or employment related discrimination  
Service Area: North and South Carolina

**EXODUS OUTREACH FOUNDATION, INC.**

122 8<sup>th</sup> Avenue Drive SW  
Hickory, NC 28603

Telephone: (828) 324-4870  
(828) 324-7226  
Fax: (828) 324-7983  
E-mail: [susansmith@abts.net](mailto:susansmith@abts.net)

Services: Faith-based transitional housing program for recovering addicts and alcoholics. Serves men, women, and parents with children. Individualized length of stay up to 24 months. Some long-term/permanent beds available depending on current programming.

Hours: 8-5 M-F and after hours as needed.  
Fees: Residents are required to work and pay fees for services. Weekly fee from \$85 to \$115, depending on the program. No one is turned away because of inability to pay.  
Eligibility: Have to be coming directly out of a treatment facility, detox center, intensive outpatient substance abuse program, homeless shelter, or prison, with a chaplain's recommendation. In most cases, co-referral by professional working with applicant is desired.  
Service Area: Referrals accepted from anywhere, emphasis on the Unifour.

### **FAITH COMMUNITY TASK FORCE ON POVERTY**

c/o Greater Hickory Cooperative Christian Ministry  
31 1<sup>st</sup> Avenue SE  
Hickory, NC 28602

Telephone: (828) 327-0979, ext. 227  
Fax: (828) 327-9102

Services: The Task Force meets every month to address the prominent needs of low-income residents of the Catawba Valley. As people of faith, this group explores ways to serve those in need and develop new community initiatives. The group has focused on transportation (See Work and Ride program), family mentoring, housing self-help credit and other issues that the “working poor” face.

Hours: 8-5 Monday-Friday  
Eligibility: None  
Service Area: Catawba County

### **FAMILY CARE CENTER**

1471 1st Ave. SW  
Hickory, NC 28602

Telephone: (828) 324-9917  
Fax: (828) 324-9618  
E-mail: familycare@twave.net

Services: Short term and transitional residential program offering physical, emotional, social, education & financial services to assist families in transition to becoming self-sufficient.

Hours: 9-3 M-F  
Fees: \$50 upon admission returnable upon discharge if unit is in good condition  
Eligibility: Homeless families with dependent children willing to address the causes of their homelessness  
Service Area: Catawba County and surrounding area

### **FAMILY GUIDANCE CENTER**

#17 Hwy 70, SE  
Hickory, NC 28602

Telephone: (828) 322-1400  
Fax: (828) 322-8958

Services: Individual & family counseling & parent education.

Hours: 8-5 M-F  
Fees: Sliding Scale  
Eligibility: Resident or Employed in Catawba County  
Intake Procedure: Call for Appointment

Other Services provided through Family Guidance Center:

**Big Brothers Big Sisters, First Step Domestic Violence, Consumer Credit Counseling**

**FAMILY SUPPORT NETWORK – HOPE**

P.O. Box 250  
Morganton, NC 28680-0250

Telephone: (828) 433-2864

Services: Services for families with children with special needs. Parent-run organization, with special parent-to-parent support. Local affiliate of the North Carolina Family Support Network.

Hours: Vary

Fees: None

Eligibility: Family, friends, professionals, and community members

Service Area: Alexander, Burke, Caldwell, Catawba, McDowell

**FARMERS HOME ADMINISTRATION**

1175 South Brady Ave.  
Newton, NC 28658

Telephone: (828) 465-1221

Services: Credit & counseling services to rural Americans to improve farms, housing condition & community facilities. Guarantees loans made by private lenders & provides a limited number of grants.

Hours: 8-5 M-F

Fees: None

Eligibility: Unable to obtain credit from private lenders

**FIRST STEP DOMESTIC VIOLENCE SERVICES**

(A Program of the Family Guidance Center)

#17 Highway 70 SE  
Hickory, NC 28602

Telephone: (828) 322-1400  
911 after hours and holidays

Services: 24 hour crisis assistance; counseling for women who are or have been in abusive relationships; emergency shelter for abused women and their children; court accompaniment for victims; court advocacy; support group for women; treatment group for men who abuse their mates.

Hours: 8-5 M-F Office, on call 24 hours

Fees: None

Eligibility: Anyone living or working in Catawba County

**FLORENCE CRITTENTON SERVICES**

1300 Blythe Blvd.  
Charlotte, NC 28236

Telephone: (704) 372-4663

Services: Residential care, medical care, counseling, childbirth classes, family planning, personal development, substance abuse classes, a public school on campus.

Hours: 9-5

Fees: Sliding scale

Eligibility: Single, pregnant women and single parents

Service Area: North and South Carolina

**FLYNN CHRISTIAN FELLOWSHIP HOUSES  
OF HICKORY, NC, INC.**

**Ada Geitner Home for Women**

210 2nd St. SE  
Hickory, NC 28602

Telephone: (828) 328-6250

Services: Halfway houses for recovering substance abusers.

Hours: 8-5 M-F

Fees: Weekly guest fee

Eligibility: 18 or over; completion of 28 day treatment program and ability to work required for acceptance

Service Area: Catawba County & surrounding areas

**Flynn Home for Men**

706 Main Ave. SE  
Hickory, NC 28602

Telephone: (828) 324-8767

Services: Halfway houses for recovering substance abusers.

Hours: 8-5 M-F

Fees: Weekly guest fee.

Eligibility: 18 or over; completion of 28 day treatment program and ability to work required for acceptance.

Service Area: Catawba County & surrounding areas

**FOSTER GRANDPARENT PROGRAM**

Western Carolina Center  
300 Enola Road  
Morganton, NC 28655

Telephone: (828) 433-2870

Services: Provides worthwhile volunteer employment to low-income senior adults (20 hours per week). A paid stipend gives added, tax-free income, which doesn't affect eligibility for other federally funded programs. Provides counseling, annual physical exams, enrichment trips, recognition, and mileage for travel.

Hours: 8:00-5:00 Monday-Friday

Service Area: Burke, Caldwell, McDowell Counties. Catawba County volunteers accepted for a site in Burke County.

**FRYE REGIONAL MEDICAL CENTER**

420 North Center St.  
Hickory, NC 28601

Telephone: Hospital (828) 322-6070  
South Campus (828) 328-2226

Services: Full service hospital.

Hours: 24 hour

Fees: Hospital fees

Eligibility: Physician referral  
Service Area: Hickory and surrounding areas

**FRYE REGIONAL REHABILITATION CENTER**

420 North Center St.  
Hickory, NC 28601

Telephone: (828) 324-3603  
Fax: (828) 324-3638

Services: Physical rehabilitation, physical therapy, occupational therapy, recreational therapy, nursing services, speech and hearing services, psychological services and social services, as needed.

Hours: 24 hour  
Fees: Hospital fees  
Eligibility: By order of physician  
Service Area: Hickory and surrounding areas

**GERI-GO-ROUND**

PO Box 8  
Taylorsville, NC 28681

Telephone: (828) 632-4143

Services: Transportation of the handicapped (equipped van), elderly, children and/or adults to various destinations.

Hours: 24 hour answering machine  
Eligibility: For those unable to avail themselves of transportation.  
Service Area: Alexander, Burke, Caldwell, Catawba, and other parts of North Carolina

**GIRL SCOUT COUNCIL OF THE CATAWBA VALLEY**

530 Fourth Street SW  
Hickory, NC 28602

Telephone: (828) 328-2444  
Fax: (828) 328-6870  
Internet: [www.cvgirlscouts.org](http://www.cvgirlscouts.org)

Services: Girl Scouting offers a variety of programs for girls ages 5-17 to build character and skills for future success, an accepting environment where girls discover the fun, friendship, and power of girls together.

Eligibility: Girls ages 5-17 in the Catawba Valley

**GOOD SAMARITAN FOOD PANTRY**

Mt. Pisgah Lutheran Church  
9387 Highway 127 North  
Hickory, NC 28601

Telephone: (828) 495-8251

Services: Emergency food boxes, health care items.

Hours: 3:30-5:30 Mon, Emergency any time, preferably mornings  
Fees: None  
Eligibility: Proof of need



**GOODWILL INDUSTRIES, INC.**  
**OF NORTHWEST NORTH CAROLINA**

1172 Lenoir-Rhyne Blvd., SE  
Hickory, NC 28601

Telephone: (828) 327-3273

Services: Provides human service programs in evaluation and assessment of vocational skills, work adjustment training, and skills training. Also operates retail store in Hickory. Offers employment to qualified candidates.

Hours: Monday-Saturday 9:00-7:00pm,  
Sunday 1:00pm-6:00pm

Service Area: Alexander, Burke, Caldwell, Catawba, and all of northwest North Carolina

**GREEN THUMB, INC.**

506 Wilkesboro Blvd SE  
Lenoir, NC 28645-4637

Telephone: (828) 758-4890

Fax: (828) 754-7511

Web: [www.greenthumb.org](http://www.greenthumb.org), [www.geezer.com](http://www.geezer.com)

E-mail: [searp@sandtech.net](mailto:searp@sandtech.net)

Services: Older worker employment and training. Senior community service employment program.

Eligibility: 55 years and older, special income criteria

**HABITAT FOR HUMANITY OF CATAWBA VALLEY**

772 4<sup>th</sup> Street SW  
Hickory, NC 28602

Telephone: Office (828) 328-4663  
Store (828) 345-1256

Fax: (828) 328-9263

Services: Christian, ecumenical housing ministry that builds houses in partnership with qualifying families. Thrift Store – resale, everything but clothes.

Hours: Office 9-5, M-F  
Store 10-5 M-F, 10-2 Saturday

**HAND-IN-HAND****(A Smart Start project)**

1985 Tate Blvd., Suite 11  
Hickory, NC 28602

Telephone: (828) 345-6957

Services: Provides in-home parenting support to families with children 0-5, focusing on child safety, parenting skills, problem solving skills, and increasing social support systems.

Hours: 8-5 M-F, or weekday evenings by appointment

Fees: None

Eligibility: Family with a child 0-5

**HANDI-CARE, INC.**

104 North Main Street  
Drexel, NC 28619

Telephone: (828) 437-8429

Services: Provides non-emergency transportation for medical and other appointments, social outings, etc. to disabled and elderly; eldercare consulting assistance in locating necessary services for home-bound individuals. In-home aide services, Adult Day Contact, Sitter/Companion/Respite-Relief service for family; Medical Equipment Resources.

Hours: 8:00am-4:30pm, Monday-Friday.

Calls monitored 24 hrs a day / 7 days a week.

Service Area: Burke and surrounding counties.

**HEAD START**

310 S. Ervin Ave.  
Newton, NC 28658

Telephone: (828) 464-8875

Services: Pre-school comprehensive education program. Full-time care for children in the program whose parents work or are in job training. Speech, physical and occupational therapies, parent training, dental and vision treatment for children. Breakfast, lunch, snacks provided.

Hours: 8:00-4:00 M-F

Fees: None

Eligibility: Low income and disabled children ages 3-4

**H.E.A.R.T. (Hilltop Education and Resources Together)**

Hilltop Apartments  
18<sup>th</sup> Street Place NW, Apt. D  
Hickory, NC 28601

Telephone: (828) 324-5778

Fax: (828) 324-9666

Services: Family resource center located in the Hilltop apartment complex; provides information, resources, and family-centered programming for residents of Hilltop and Longview community.

Hours: Vary

Fees: None

Eligibility: Live in Longview or surrounding areas.

**HICKORY COMMUNITY RELATIONS COUNCIL**

76 North Center Street  
Hickory, NC 28601

Telephone: (828) 323-7435

Services: Serves as a branch of the Hickory City Council to assist in fostering better community relations in all racial, ethnic, religious and class relationships.

Hours: 8:30-5

Fees: None

Eligibility: City of Hickory residents

Service Area: City of Hickory

**HICKORY GOOD SAMARITAN MEDICAL CLINIC**

131 Main Avenue NE  
Hickory, NC 28601

Telephone: (828) 345-0854

Services: To assess and triage patients by volunteer nurses. Patient history, blood pressure check, weight, temperature, pulse, respiration any information that would be helpful to the volunteer Doctor.

Hours: 11:30am-12:30pm Tuesday  
11:30am-1:30pm Thursday  
6:00pm-8:00pm 2nd & 4th Tuesdays

Fees: None

Eligibility: Based on Need

Intake Procedure: Call Clinic or come by during open hours.

Service Area: Catawba County

**HICKORY SOUP KITCHEN, INC.**

131 Main Ave. NE  
Hickory, NC 28601

Telephone: (828) 327-4828

Services: Hot meal 5 days a week, sandwich bag lunches to go, Sat-Sun.

Hours: 11:30-12:30 M-F, 1:30-2 Sat & Sun

Fees: None

Eligibility: Anyone needing a hot meal

Service Area: Greater Hickory

**HIGH HOPE OF HICKORY, INC.**

231 3rd Ave NE  
Hickory, NC 28601

Telephone: (828) 324-5300

E-mail: High\_hope@kelin.net

Services: Developmental day care. Serving special needs children and some typically developing children.

Hours: 6:30am - 5:30pm

Fees: Charged on individual basis

Eligibility: Special needs children are accepted by referral and others on first-come, first-serve basis

Service Area: Catawba and surrounding counties

**HOME DELIVERED MEALS**

Catawba County Social Services  
PO Box 669  
Newton, NC 28658

Telephone: (828) 326-5639 (Home Delivered Meals Coordinator)  
(828) 326-4435 (Volunteer Coordinator)

Services: Nutritious mid-day meal delivered 5 days a week by volunteers.

Hours: 8-5 M-F

Fees: Requested donation based on income

Eligibility: Certified home-bound

**HEMOCARE MANAGEMENT CORPORATION**

315 Wilkesboro Blvd., NE, Suite 2-A  
Lenoir, NC 28645

Telephone: (828) 754-3665  
(800) 223-2841

Fax: (828) 757-3195

Services: Provides and arranges for home care services to enable disabled individuals to live safely, comfortably, and independently in their own homes.

Hours: 8:00-5:30 Monday-Friday

Service Area: Alexander, Burke, Caldwell, Catawba, and Lincoln, McDowell, Iredell

**HOPE COUNSELING SERVICES**

1065 2<sup>nd</sup> Avenue NW, Suite 4  
Hickory, NC 28601

Telephone: (828) 238-1468

Services: Offers individual, marital, and family counseling and mediation services. Licensed professionals specializing in eating disorders, anxiety disorders, depression and grief, assault and trauma recovery. Services children, adolescents, adults, and families.

Hours: Day and evening appointments available.

Fees: Most health insurance accepted.

**HOSPICE OF CATAWBA VALLEY**

3975 Robinson Road  
Newton, NC 28658

Telephone: (828) 466-0466

Fax: (828) 466-8862

Website: [hospicecv@hospicecv.org](mailto:hospicecv@hospicecv.org)

Services: Provides care to individuals and families touched by life-threatening illness, death, and grief in Catawba and its surrounding counties. Home visits are scheduled based on individual needs and include: nursing, social work, home health aide, chaplain, counseling, volunteer support, and bereavement support. Patients who require an alternate setting for care may be admitted to the program's six-bed residential facility, "Hospice House of Catawba Valley." Also serves patients in the long-term care setting.

Hours: Office Hours 8:30 am – 5 pm (RN is on-call nights, holidays, weekends)  
Fees: Accepts payment of patient's insurance carrier, i.e. Medicare, Medicaid, Private Insurance, or private arrangement  
Eligibility: Terminal diagnosis (not just cancer), life expectancy of six months or less, MD approval, resides in Catawba or surrounding counties.

### **JUVENILE COUNSELING SERVICES**

Justice Center  
Highway 321 South  
Newton, NC 28658

Telephone: Newton (828) 465-1911  
Hickory (828) 328-4932

Services: Complaints accepted on youth to assess their needs and assist in meeting those needs. They act as the juvenile probation officers and are a part of the court system.

Hours: 8-5 M-F  
Fees: None  
Eligibility: Juveniles, 6-16

### **LIONS CLUBS OF CATAWBA COUNTY**

PO Box 669  
Newton, NC 28658

Telephone (828) 326-5605

Services: Lend hospital beds, wheel chairs, crutches, walkers, etc. at no charge. Sponsor blind campers at Camp Dogwood.

Hours: 8-5 M-F  
Fees: None  
Eligibility: Decided by members & Board

### **LONG-TERM CARE FACILITIES OF CATAWBA COUNTY**

#### **Abernethy Center**

102 Leonard Avenue  
Newton, NC 28658

Telephone: (828) 464-8260

#### **Brian Center East – Health and Rehabilitation**

3031 Tate Blvd. SE

Hickory, NC 28602

Telephone: (828) 322-3343

#### **Brian Center Nursing Care**

220 13th Ave. Pl. NW

Hickory, NC 28601

Telephone: (828) 328-5646

#### **Country Manor I (Females)**

807 4<sup>th</sup> Street SW

PO Box 822

Conover, NC 28613

Telephone: (828) 464-3715

#### **Country Manor #2 (Females)**

5846 Rest Home Road

Claremont, NC 28610

Telephone: (828) 256-7979

**Heritage Care**

3430 Lester Street

PO Box 129

Conover, NC 28613

Telephone: (828) 256-9868

**Hickory Manor**

2530 16<sup>th</sup> Street NE

Hickory, NC 28601

Telephone: (828) 324-5400

**(LONG-TERM CARE FACILITIES, CONTINUED)**

**Lutheran Home**

1265 21st St. NE

Hickory, NC 28601

Telephone: (828) 328-2006

**Pellicare**

1125 10th St. Blvd. NW

Hickory, NC 28601

Telephone: (828) 322-6995

**Piedmont Village at Newton**

700 East 18<sup>th</sup> Street

Newton, NC 28658

Telephone: (828) 464-6490

**Professional Family Care (Females)**

906 3<sup>rd</sup> Street SE

Conover, NC 28613

Telephone: (828) 464-3430

**Restorative Care Unit - Frye Hospital**

420 North Center St.

Hickory, NC 28601

Telephone: (828) 324-3361

**Spring Arbor of Hickory**

2010 29<sup>th</sup> Avenue NE

Hickory, NC 28601

Telephone: (828) 326-7200

**Springs Road Rest Home**

4109 Springs Road

Conover, NC 28613

Telephone: (828) 441-7947

**Sterling House**

910 29<sup>th</sup> Avenue NE

Hickory, NC 28601

Telephone: (828) 328-6090

**Victoria Villas**

1410 Boston Road

Newton, NC 28658

Telephone: (828) 466-0806

**Walden House**

427 3<sup>rd</sup> Avenue SE

Hickory, NC 28602

Telephone: (828)322-2230

**Whispering Pines**

511 Bumgarner Industrial Drive

Conover, NC 28613

Telephone: (828) 464-5930

**MARCH OF DIMES BIRTH DEFECTS FOUNDATION**

Western Carolina Chapter  
1601 Norwood Road  
PO Box 347  
Statesville, NC 28687

Telephone: (828) 873-2554  
Fax: (828) 873-8775

Services: Education for general population with an emphasis on women of childbearing age and health care professionals. Advocacy to federal, state, and local governments to develop public policies and effective programs to improve the health of mothers and babies. Community services to address maternal and infant needs by developing and funding local grants.

Hours: 9-5 M-F  
Fees: None  
Eligibility: Whole community  
Service Area: 27 counties in western N.C., including Unifour

**MULTIPLE SCLEROSIS SOCIETY, NATIONAL**

Mid Atlantic Chapter  
9844 - C Southern Pines Blvd  
Charlotte, NC 28273

Telephone: (704) 525-2955  
(800) 477-2955

Services: Education, information and referral, counseling, advocacy, equipment loan, respite care, emergency financial assistance.

Hours: 9-5, M-F  
Fees: None  
Eligibility: MS Diagnosis, friend or relative  
Service Area: 33 counties in NC, including Catawba.  
All of SC, and 22 counties in TN.

**MUSCULAR DYSTROPHY ASSOCIATION**

5701 Executive Center Dr.  
Suite 103  
Charlotte, NC 28212

Telephone: (704) 567-2912  
Fax: (704) 567-2819  
E-mail: charlottedistrict@mdausa.org

Services: Diagnostic testing, clinic services, physical & occupational therapies, summer camp, public health education, flu shots, purchase & repair of orthopedic equipment.

Hours: 9-5 M-F  
Fees: None  
Eligibility: Diagnosis one of 40 neuromuscular diseases  
Service Area: 14 counties, including Catawba

**NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF  
COLORED PEOPLE (NAACP)**

PO Box 2593  
Hickory, NC 28603

Telephone: (828) 328-4091

Services: Investigation of complaints, determination of what would be needed, and advice and referral to appropriate resources if the complaint cannot be resolved.

Hours: Call any time

Fees: Annual Membership: \$30 Adult; Free for youth

Eligibility: Anyone interested in dispelling injustice as it relates to all kinds of discrimination.

Service Area: City of Hickory

**NATIONAL KIDNEY FOUNDATION  
OF NORTH CAROLINA, INC.**

5950 Fairview Road  
Suite 550  
Charlotte, NC 28210

Telephone: (704) 552-1351  
(800) 356-5362

Services: Research, patient services, public and professional education and community services concerning kidney disease. Volunteer opportunities available.

Hours: 8:30-5, M-F

Fees: None

Eligibility: No requirements

**NC COOPERATIVE EXTENSION**

Agricultural Resources Center  
1175 South Brady Avenue  
Newton, NC 28658

Telephone: Agriculture and 4-H (828) 465-8240  
Family & Consumer Education (828) 465-8250

Fax: (828) 465-8428

Web: <http://catawba.ces.state.nc.us>

Services: Educational programs in the broad field of agriculture, horticulture, family and consumer education, household hazardous waste, 4-H youth and community, and rural development.

Hours: 8-5 M-F

Fees: None

Eligibility: All citizens eligible



**NC DEPARTMENT OF INSURANCE**

Consumer Services Division  
430 N. Salisbury St.  
Raleigh, NC 27603

Telephone: (919) 733-2032  
(800) 662-7777

Services: Information and assistance on any form of insurance bought or sold in North Carolina.

Hours: 8-5 M-F  
Fees: None  
Eligibility: None

**NC DEPARTMENT OF LABOR**

Southgate Office  
743 5th St. SW #2  
Hickory, NC 28602

Telephone: (828) 322-1442  
(800) 752-3410

Services: Job training, job seeking/keeping skills, referral services.

Hours: 8-5  
Fees: None  
Eligibility: Unemployed, low income, and public assistance  
Service Area: Burke, Caldwell & Catawba counties

**NC DIVISION OF SERVICES FOR THE BLIND**

(Local Office)  
3030 11th Ave. Dr. SE  
Hickory, NC 28602

Telephone: (828) 326-5605

Services: See Catawba County Dept. of Social Services (Blind Services)

Hours: 8-5 M-F  
Eligibility: See Catawba County Dept. of Social Services -Blind Services

**NC DIVISION OF VETERANS AFFAIRS**

306 4th St. SW  
Hickory, NC 28602  
Mailing: PO Box 9002, Hickory, NC 28603-9002

Telephone: (828) 322-6616  
Fax: (828) 322-7100

Services: Assistance in obtaining benefits from the Veterans Administration; also assistance in obtaining state scholarships for children of veterans who are eligible.

Hours: 8-5 M-F  
Fees: None  
Eligibility: Veterans, their widows, children & dependent parents  
Service Area: Alexander, Ashe, Catawba, Iredell, Lincoln, Watauga & Wilkes counties

**NC DIVISION OF VOCATIONAL REHABILITATION SERVICES –  
INDEPENDENT LIVING REHABILITATION PROGRAM**

2661 Hwy 127 South  
Hickory, NC 28602

Telephone: (828) 294-0338  
Fax: (828) 294-0255  
Website: www.dvr.dhhr.state.nc.us

Services: Assists eligible individuals with severe disabilities obtain services that: Provide an alternative to institutionalization, Improve functioning in one's family, home, and / or community, Help prepare a person for Vocational Rehabilitation Program. Services may include: Guidance and counseling, Rehabilitation engineering, Personal care and attendant management training, Home and vehicle modifications, Housing information and placement assistance, Independent living skills training, Certain equipment purchases, and Recreation therapy services and assistance with leisure activities.

Hours: 8-5, M-F

Fees: A person's financial resources must be considered to determine if the agency can pay for many services. Some services are available to eligible individuals without regard to economic need.

Eligibility: A person may be eligible for independent living services if all the following apply: 1) they have a severe disability, 2) the disabling condition severely limits their ability to live independently, 3) services will significantly improve a person's ability to live independently.

Service Area: Alexander, Burke, Caldwell, Catawba, Cleveland, Lincoln, & Iredell counties

**NC EYE BANK**

3900 Westpoint Blvd., Suite F  
Winston-Salem, NC 27013

Telephone: (336) 765-0932  
Fax: (336) 765-8803

Services: Obtaining, preserving and transporting eye tissue and making it available to eye surgeons for corneal transplant operations.

Hours: 24 hours/day

Eligibility: None

**NC SCHOOL FOR THE DEAF**

517 West Fleming Dr.  
Morganton, NC 28655

Telephone: (828) 433-2971

Services: Academic, vocational, psychological, audiological, occupational therapy, multi-impaired, health care and other special programs for pre-school through grade 12.

Hours: Full-time residential school, mid-Aug. - June

Fees: \$25 for day students,  
\$50 residential students (activity fee)

Eligibility: Educationally and developmentally handicapping hearing loss.

Service Area: 38 western counties, 8 Piedmont counties

**NORTHWEST DIALYSIS FACILITY**

1899 Tate Blvd. SE, Suite 1103  
Hickory, NC 28602

Telephone: (828) 324-9580

Services: Renal dialysis for persons with end-stage renal disease.

Hours: 6-5, Mon-Sat

Eligibility: Physician referral

Service Area: Catawba and surrounding counties

**NURSING & DOMICILIARY HOME COMMUNITY****ADVISORY COMMITTEE**

c/o WPCOG  
317 1st Ave. NW  
Hickory, NC 28601

Telephone: (828) 322-9191

Services: Minimum of quarterly visits to each domiciliary and nursing facility in Catawba County.  
Appraisal of the general conditions in the homes and advocacy on behalf of patients/residents.

Hours: 8-5 M-F

Eligibility: Patients/resident or others on their behalf can make referrals

**NUTRITION PROJECT FOR THE ELDERLY**

3030 11th Ave. Dr. SE  
Hickory, NC 28602

Telephone: (828) 326-5610

Services: **Seniors' Morning Out** – Fun activities, fellowship, and a nutritious lunch at six locations within Catawba County.  
Transportation provided.  
**Home Delivered Meals** – Lunch delivered to homes of homebound elderly. A limited supply of frozen meals and nutritional supplements available also.

Hours: 8:30 – 12:30 M-F (Meals delivered M-F)

Fees: Voluntary contributions

Eligibility: Age 60+

Service Area: Senior's Morning Out - Blackburn, Catawba, Hickory, Maiden, Newton and Home Delivered Meals - Catawba County

**OMBUDSMAN**

Western Piedmont Council of Governments (WPCOG)  
736 4<sup>th</sup> Street SW  
Hickory, NC 28602  
Mailing: PO Box 9026, Hickory, NC 28603

Telephone (828) 322-9191

Fax: (828) 322-5991

Services: Advocates for long-term care facility residents. Receives complaints from residents and family members.

Hours: 8:15-5 M-F  
Fees: None  
Service Area: Unifour

**PARENTING NETWORK (CATAWBA COUNTY)**

810 Fairgrove Church Road  
Hickory, NC 28602  
(Located at the Women's Health Education Center behind Burger King on Fairgrove Church Road)

Telephone: (828) 465-9295

Services: Coordinates parenting opportunities in Catawba County. Links parents to available resources and works to create needed resources.

Hours: 8-5 Monday-Friday  
Fees: None  
Eligibility: None  
Service Area: Catawba County

**PATRICK BEAVER LEARNING RESOURCE CENTER**

Hickory Public Library  
263 3<sup>rd</sup> Avenue NW  
Hickory, NC 28601

Telephone: (828) 261-9930  
Fax: (828) 261-9938  
E-mail: [dcollins@pblrc.org](mailto:dcollins@pblrc.org)  
Website: [www.pblrc.org](http://www.pblrc.org)

Services: Offers information and resources related to Attention Deficit Disorder and other learning differences. Educational programs held monthly to support parents and professionals; other training opportunities available. Reading and language psycho-educational and reading language evaluations.

Hours: 8:30 – 5 Monday-Friday  
Fees: May apply on a sliding scale.  
Eligibility: None  
Service Area: Unifour

**PIEDMONT TREATMENT CENTER**

200 2<sup>nd</sup> Street NW  
Hickory, NC 28601

Telephone: (828) 327-7888

Services: Provides psychiatric treatment, alcohol and drug abuse treatment, individual, family and marital therapy, testing and stress management services.

Hours: 8-5 M-F (office)  
Fees: Vary

**PIEDMONT WAGON**

3194 15th Ave. Blvd. SE  
Conover, NC 28613

Telephone: (828) 464-9444  
Fax: (828) 466-0570  
Web: <http://www.ci.hickory.nc.us/pedwagon/>

Services: Wheelchair lift equipped vehicle, curbside to curbside pick-up and return. Call at least 24 hours in advance.

Hours: 6:45am-6pm Mon-Sat  
Fees: 75 cents; personal care attendants free  
Eligibility: Persons unable to ride regular routed bus because of physical or cognitive disabilities  
Service Area: Catawba County

**PLANNED PARENTHOOD**

Central Office  
1341 E. Morehead St.  
Charlotte, NC 28204

Telephone: (704) 377-0841

Services: Birth control services, education, and information, and information, pregnancy testing and counseling.

Hours: 7:30-4:30 9-6 M, T, F; Appointments only W, Th  
Fees: Sliding scale based on income or Medicaid. Abortion service - Sets fee and State Abortion Fund for NC residents  
Eligibility: No restrictions  
Service Area: No restrictions

**PREGNANCY CARE CENTER**

125 3rd St NE  
Hickory, NC 28601

Telephone: (828) 322-4272  
Fax: (828) 322-2495  
E-mail: [pcc@twave.net](mailto:pcc@twave.net)

Services: Free pregnancy tests and options counseling, material assistance, community referrals, post-abortion support group.

Hours: Business Office: 9-3. Other: Mon 9-1, Wed 9-5, Thurs 1-5.  
Fees: None  
Eligibility: Anyone experiencing a crisis pregnancy and those involved with them  
Service Area: Unifour

**RAPE CRISIS CENTER OF CATAWBA CO. INC.**

260 1st Ave NW, Suite 228  
Hickory, NC 28601

Telephone: (828) 322-6011  
Fax: (828) 322-1704  
Web: [www.rapecrisiscenter.com](http://www.rapecrisiscenter.com)

Services: Crisis intervention and short-term support for adult and child survivors of rape and incest; 24-hour crisis line, various support groups, Speaker's bureau; legal & medical advocacy & accompaniment; resource and referral.

Hours: Office Hours 9-5 M-F  
If in crisis, call 911, 24 hours/7 days a week

Fees: None

Eligibility: Survivors of rape and incest and their families and friends

Service Area: Catawba, Alexander, and surrounding counties

**REPAY, INC.**

Catawba County Justice Center  
100 Southwest Blvd.  
(PO Drawer 969)  
Newton, NC 28658

Telephone: (828) 464-6744

Services: Provide services to the court system and the community including community-based treatment services for adult and juvenile offenders, case management, education and advocacy about criminal justice issues, and alternatives to court litigation.

Hours: 8:30-5:30 M-F

Fees: None

Eligibility: Varies by program

Service Area: Primary service area is Catawba, Caldwell, and Burke. Limited services extend to Ashe, Avery, Madison, Mitchell, Yancey, Watauga, and Wilkes.

Services:  
**Catawba Community Corrections** - Needs assessments, risk assessments, goal planning to reduce recidivism, goal monitoring to prevent back sliding; access to employment services or other relevant community agencies, training, substance abuse services or other services necessary to reduce risk of criminal behavior.

**Juvenile Justice Initiative** – Designed to serve the youth in Burke, Caldwell, and Catawba counties who are involved in the court process or who are at risk of court involvement. Offers services to youth and families including outpatient substance abuse treatment, in-home family preservation, cognitive skills training, life skills training, mediation services, respite care, and transportation assistance.

**Pretrial Services** – The majority of the work in this program involves efforts to reduce overcrowding in our jail system and congestion in the courts, and aids in consolidating outstanding warrants. This work allows defendants to serve their sentence without delay. Jail inmates are also referred to substance abuse counselors and other services.

**Sentencing Services** - Prepares sentencing reports for superior court judges, introducing an abundance of information about the defendants and advise the courts of suitable community based rehabilitation placements.

**Women at Risk** – Community-based treatment program that serves women involved in the court system. This is a therapeutic program that involves group therapy, case management, and court advocacy. The program has been effective in reducing recidivism as well as allowing women to remain within appropriate community supervision instead of going to prison.

**THE SALVATION ARMY**

750 3rd Ave. Pl. SE  
Hickory, NC 28602

Telephone: Office (828) 322-8061  
Shelter (828) 324-6919  
Women's Shelter (828) 327-8172  
Thrift Store (828) 324-2219  
Boys And Girls Club (828) 322-8066

Services: Emergency assistance with utilities, housing costs, food, fuel, clothing. Homeless shelter and transient lodge for singles and families. Spiritual counseling available. After school care, summer day camp & Community Center for school age children. Furniture & household items provided for fire victims.

Hours: 9-5 M-F

Fees: Nominal for after school care, summer day camp, and shelter

Eligibility: Determined by caseworker

Service Area: Burke, Caldwell & Catawba

### **SIPE'S ORCHARD HOME**

4431 County Home Road  
Conover, NC 28613

Telephone: (828) 256-5056  
Fax: (828) 256-4031  
Website: [www.sipesorchardhome.org](http://www.sipesorchardhome.org)

Services: Long and short-term campus-based residential services

Hours: Office hours are Monday - Friday, 8:00 a.m. - 5:00 p.m. Cottages are open and staffed around the clock, 365 days per year.

Fees: Service-based fees through financial agreements with county departments of social service, which cover partial cost of care. No fees charged to clients.

Eligibility: Male or female, ages 10-21, in DSS custody. Some assessment done to determine appropriateness for services.

Service Area: North Carolina

### **SOCIAL SECURITY ADMINISTRATION**

112 2nd St. Pl. SE  
Hickory, NC 28601

Telephone: Local Office (828) 328-3609  
General Info. (800) 772-1213  
TTY – Local (828) 328-2166  
TTY (800) 325-0778

Services: Assist in filing applications for benefits and explain requirements for Social Security, Supplemental Security, Income, Medicare & Black Lung.

Hours: 9-4 M-F

Fees: None

Eligibility: Meet requirements as specified in Social Security Regulations

Service Area: Alexander, Caldwell, Catawba

### **SOUTH CALDWELL CHRISTIAN MINISTRIES**

44 Duke Street  
PO Box 359  
Granite Falls, NC 28630

Telephone: (828) 396-4000  
Fax: (828) 396-9878 (please call first)

Services: Food, clothing, wood, furniture, furniture, limited financial assistance, A/C, fans, counseling, referrals, budgeting. (Transportation and weatherization through BRCA.) Food delivery to the elderly, diapers, carseats (loan only), employment through a variety of area programs.

Hours: 9-5 Tues and Thurs; 9-2 Wed, Lunch 12:30 – 1:30

Fees: None

Eligibility: Must live in service area, or be a recognized member of a supporting church

Service Area: Southern Caldwell County

## **SUPPORT GROUPS**

### **Adult Children of Alcoholics**

Women's Resource Center

Telephone: (828) 322-6333

Meets: Sundays at 7pm

### **After Care Support**

(For former psychiatric patients)

Women's Resource Center

Telephone: (828) 322-6333

Meets: Tuesdays at 6pm

### **AIDS Support Group**

ALFA

Telephone: (828) 322-1447

Meets: Meetings 2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 7pm. Call for more information.

### **Al-Anon & Al-Ateen**

Calvary Baptist Church, Newton

Telephone: (828) 327-4911

Meets: Wednesdays at 8pm

### **Alcoholics Anonymous**

Women's Resource Center

Telephone: (828) 322-6333

Meets: Mon, Tues, Wed, Thurs, Sat at 10am

Mount Pisgah Lutheran Church (in Bethlehem)

Meets: Tuesdays at 8pm

\* For more information about other AA meetings, call 327-4911 in Catawba or Caldwell and 433-4440 in Burke.

### **Alzheimer's Support Group**

Lutheran Home

Telephone: (828) 328-2006

### **Bereavement Support Group**

Hospice of Catawba Valley

Telephone: (828) 328-4200

### **Bi-Polar & Depression Support Group**

Women's Resource Center

Telephone: (828) 322-6333

Meets: Wednesdays at 6:30pm

### **Breastfeeding Support Group**

Frye Regional Medical Center

Telephone: (828) 322-6070

Meets: 2<sup>nd</sup> Wednesdays 10am-noon noon and 4<sup>th</sup> Thursdays at 11:30 am at the Hickory Foundation YMCA

### **CanSurmount**

AHEC Catawba Memorial Hospital

Telephone: (828) 328-3581

Meets: 3rd Monday, 7pm, in 6<sup>th</sup> Floor Conference Room, Catawba Memorial Hospital. For cancer patients and their families.



**(SUPPORT GROUPS, CONTINUED)**

**Catawba Valley Friends (Quakers)**

Women's Resource Center

Telephone: (828) 322-6333

Meets: Sundays at 10:30am

**Chronic Pain Support**

Women's Resource Center

Telephone: (828) 322-6333

**Church of God International**

Women's Resource Center

Telephone: (828) 322-6333

Meets: 1<sup>st</sup> and 3<sup>rd</sup> Saturdays from 1 to 3:30pm

**Diabetic Support Group**

Frye Regional Medical Center

Telephone: (828) 324-3738

Meets: 2nd Mondays, Education Classroom. Call for more information.

**DivorceCare**

Our Savior Lutheran Church

Telephone: (828) 256-5469

Meets: Mondays at 6pm (At church across from Campbell Elementary off of Kool Park Road).

**Epilepsy Support Group - Unifour**

Women's Resource Center

Telephone: (828) 322-6333

Meets: 3<sup>rd</sup> Tuesdays at 7pm. Family members welcome.

**Fibromyalgia Support**

Whitnel United Methodist Church, Lenoir

Telephone: (828) 757-3301

Meets: Every 2<sup>nd</sup> Monday at 7pm

**Fibromyalgia/Chronic Fatigue Support**

Telephone: (828) 322-6333

Meets: 1<sup>st</sup> and 3<sup>rd</sup> Mondays 7pm at AHEC 112 at Catawba Memorial.

**FitWeigh – Weight Loss Support Group**

Frye Regional Medical Center

Telephone: (828) 324-3768

Meets: 2<sup>nd</sup> Thursday at Hickory Foundation YMCA

**Healing Hearts Support Group for Grieving Parents**

Caldwell Co. Hospice

Telephone: (828) 754-0101

Meets: 3<sup>rd</sup> Tuesdays at 6:30pm at Hospice.

**Heart Helpers**

Frye Regional Medical Center

Telephone: (828) 324-3798

Meets: 2<sup>nd</sup> Monday from 5-6 at Main Conference Room

**Humane Society**

Women's Resource Center

Telephone: (828) 322-6333

Meets: 4<sup>th</sup> Tuesdays at 7pm

**(SUPPORT GROUPS, CONTINUED)**

**La Leche League (Support for Breastfeeding and Expectant Mothers)**

The Episcopal Church of the Epiphany

Telephone: (828) 466-3211

Meets: 4<sup>th</sup> Tuesdays at 7pm.

**Mom and Me**

Telephone: (828) 324-2269

Meets: 1<sup>st</sup> Wednesday, 10-11:30 at Womens' Health Education Center off of Fairgrove Church Road. For breastfeeding mothers.

**Mothers of Multiples**

Women's Resource Center

Telephone: (828) 322-6333  
Meets: 2<sup>nd</sup> Tuesday at 7pm

**Mothers of Preschoolers (MOPS)**

New Hope Baptist Church

Telephone: (828) 324-HOPE

Meets: 3<sup>rd</sup> Thursdays at New Hope Baptist. Cost is \$2.50. Call and pre-register by the 3<sup>rd</sup> Monday of each month.

**Multiple Sclerosis Self Help Group**

Catawba Co. Mental Health Center

Telephone: (828) 465-2796 or 1-800-477-2955

Meets: Last Thursdays at 7pm at Mental Health

**Narcotics Anonymous**

St. Aloysius Catholic Church

Telephone: (828) 431-8353

Meets: Sunday, 8pm, at St. Aloysius

Holy Trinity Lutheran Church, Hickory

Telephone: (828) 431-8353

Meets: Mondays at 8pm, Tuesdays at 8pm, and Thursdays at 8pm

Morning Star Baptist Church (126 4<sup>th</sup> Avenue SW)

Meets: Fridays at 8pm

**New Voice Club**

Valdese General Hospital

Telephone: (828) 324-2269

Meets: Last Sunday of every month, 3 pm, in library of Valdese General Hospital, Rutherford College.  
Call for more information.

**Overcomers Outreach (12-Step Recovery Program)**

Brookford Community Center

Telephone: (828) 324-4437

Meets: Tuesdays at 7:30pm in Room 202. Use North Entrance

**Overeaters Anonymous**

Telephone: (828) 345-2405

Meets: Saturday, 10am at St. Aloysius Catholic Church, and Monday, noon at St. Andrews Lutheran Church in Hickory

**Parkinson's Support Group**

AHEC Catawba Memorial Hospital

Telephone: (828) 256-2778

Meets: 3<sup>rd</sup> Sunday every other month, 2:30pm at AHEC, Catawba Memorial Hospital. Call for more information.

**Pathways**

Drum Funeral Home

Telephone: (828) 464-3031

Meets: 4<sup>th</sup> Thursday, 6:30pm at various places around the county.  
For widows and widowers. Call for more information.

**Pregnancy Loss Support Group of Catawba Valley**

Hospice of Catawba Valley

Telephone: (828) 326-7996

Meets: 3<sup>rd</sup> Tuesdays at 6pm. Call for location.

**Rainbow Recovery**

(Alcoholics Anonymous for gays and lesbians)

Women's Resource Center

Telephone: (828) 322-6333

Meets: Fridays at 8pm

**Rape Survivor's Support Group**

Telephone: (828) 322-6011

Meets: Call Rape Crisis Center for more information.

**Reach to Recovery Mastectomy Support Group**

Telephone: (828) 459-9405, ext. 2175

Meets: Last Tuesday, 7-9pm at Catawba Memorial, Hospital Classroom. For any woman who has had a mastectomy.

**Recovery from Food Addiction**

St. Andrews Lutheran Church, Hickory

Telephone: (828) 635-1570

Meets: Wednesdays at 6pm.

**Seekers (Women's Spiritual Group)**

Women's Resource Center

Telephone: (828) 322-6333

Meets: 4<sup>th</sup> Tuesdays at 7pm

**Shekinah Glory Fellowship**

Women's Resource Center

Telephone: (828) 322-6333

Meets: Sundays at 4pm

**Stroke Support**

Frye Regional Medical Center

Telephone: (828) 324-3603

Meets: 3rd Thursday, 6pm at Outpatient Therapy Lobby. Call for more information.

**Us Too**

Telephone: (828) 326-3386

Meets: 2<sup>nd</sup> Monday at AHEC at Catawba Memorial Hospital.  
Prostate cancer survivors support group

**Widowed Persons Organization**

Catawba Funeral Home

Telephone: (828) 322-1210

Meets: Every 3<sup>rd</sup> Thursday at 6:30pm. Location varies.

**Women Clergy**

Women's Resource Center

Telephone: (828) 322-6333

Meets: 1<sup>st</sup> Wednesday at noon

**VOLUNTEER CENTER, INFORMATION & REFERRAL**

1375 Lenoir-Rhyne Blvd.

Hickory, NC 28602

Telephone: (828) 324-4357

Fax: (828) 324-4358

E-mail: pshell@ccunitedway.com

Services: Maintain current resource information on human services available to the residents of Catawba County. To recruit and place volunteers with non-profit agencies in Catawba County. To clarify clients' requests for services and refer them to the most appropriate agency.

Hours: 8:30-4:30

Fees: None

Eligibility: None

**WEST HICKORY SENIOR CENTER**

400 17th St. SW  
Hickory, NC 28602

Telephone: (828) 328-2269

E-mail: coa@twave.net

Services: Multiple classes, income tax assistance, recreational & volunteer opportunities, and programs for senior citizens. Center provides space for other community agencies such as Legal Aid, Congregate Meals, etc.

Hours: 8:30-4:30 M-F

Fees: None, except for personal supplies for craft classes

Eligibility: Age 60 and over

**WESTERN CAROLINA CENTER**

300 Enola Road  
Morganton, NC 28655

Telephone: (828) 430-7902

Services: Residential facility serving adults with developmental disabilities.

Hours: 24 hrs. 7 days

Fees: Sliding scale

Eligibility: Must be recommended through Mental Health Services of Catawba County Single Portal before application can be considered.

Service Area: 20 counties of Western NC

**WESTERN PIEDMONT AREA AGENCY ON AGING**

PO Box 9026  
736 Fourth Street SW  
Hickory, NC 28062

Telephone: (828) 322-9191

Fax: (828) 322-5991

Web: <http://aaa.wpcog.dst.nc.us>

Services: Information, referral, and advocacy for older adults and their families. Regional Long-Term Care Ombudsman, Reverse Mortgage Counseling, Unifour Senior Games.

Service Area: Alexander, Burke, Caldwell, Catawba

**WESTERN PIEDMONT COMMUNITY COLLEGE**

1001 Burkemont Ave.  
Morganton, NC 28655

Telephone: (828) 438-6000

Fax: (828) 438-6015

Web: <http://www.wp.cc.nc.us/>

Services: College transfer education, vocational & technical training, Adult Basic Education, etc.

Hours: 8-10 M-Th, 8-5 F

Fees: Call for information

Eligibility: Age 16 or older

Service Area: Burke & surrounding counties

**WESTERN PIEDMONT COUNCIL OF GOVERNMENTS**

736 Fourth Street SW

Hickory, NC 28603

Mail – PO Box 9026, Hickory, NC 28603

Telephone: (828) 322-9191

Fax: (828) 322-5991

Services: JTPA (job training), Area Agency on Aging, Planning, Section 8 Rental Assistance, Small Business Administration, GIS & Data Services, EMS Regional Coordinator

Hours: 8-5 M-F

Service Area: Catawba, Alexander, Burke and Caldwell Counties

**WOMEN'S RESOURCE CENTER**

328 North Center Street

Hickory, NC 28601

Telephone: (828) 322-6333

Fax: (828) 322-1314

Website: [www.hickorywrc.org](http://www.hickorywrc.org)

E-mail: [bcline@hickorywrc.org](mailto:bcline@hickorywrc.org)

Services: Referrals for counseling in areas of grief, crisis, and finances. Support groups. Meeting place for support groups. Publicity for women's events. Variety of classes, programs, seminars.

Hours: 8-5 M-F. After hours, leave message

Fees: None

Eligibility: No criteria

Service Area: Unifour & surrounding counties

**WORK AND RIDE PROGRAM**

c/o Greater Hickory Cooperative Christian Ministry

31 1<sup>st</sup> Avenue SE

Hickory, NC 28602

Telephone: (828) 327-0979, ext. 227

Fax: (828) 327-9102

Services: Partnership between DSS, CCM, and the Faith Community Task Force on Poverty. Provides transportation to low-income families through ownership of roadworthy vehicles donated to the program. The purpose is to assist families with their transition to self-sufficiency. A thorough screening process is completed for each applicant.

Hours: 8-5 Monday-Friday

Eligibility: The applicants must be working, show proof of insurance and be able to pay for the tax, title, and tag fees of vehicle awarded. The applicants must also show that there is not a working vehicle in their household, pay a \$15 (non-refundable) application fee, and be referred by an agency from whom they are receiving (or have received) assistance.

Service Area: Catawba County